



# NEWSLETTER

January 2019

Year 54, Issue 1

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## Message from Our Minister Rev. Pam Philips

### What does it mean to be a **People of Possibility**?

As we embark on a new calendar year, it's natural to think of new possibilities. Indeed, the practice of making New Year's resolutions—begun as far back as the Romans who made promises to the god Janus, for whom the month January is named—is based on the possibility of positive change. Elsewhere in this newsletter, UUC Board President-elect, Steve Keighton, asks some good questions to help us think about our own possibilities, both as a congregation and as individuals. And yet, on a cold, dark winter's day, it can be difficult to look ahead with optimism. Some of us have given up making New Year's resolutions based on our own experience of earlier failed attempts.



As we embark on a month of exploring how we might be (or become) people of possibility, perhaps it would be helpful to consider what *prevents* us from being open to the possible. Certainly, the world around us gives some cause for caution. From political polarization and gridlock, natural disasters, and personal set-backs—it is easy to become pessimistic. Recognizing what's wrong in the world doesn't have to hold us back, though. As noted historian and activist Howard Zinn writes, "To be hopeful in bad times is not just foolishly romantic. It is based on the fact that human history is a history not only of cruelty, but also of compassion, sacrifice, courage, kindness. What we choose to emphasize in this complex history will determine our lives. If we see only the worst, it destroys our capacity to do something."

Indeed, being/becoming people of possibility doesn't mean denying what's wrong in our lives or in the world, but it requires choosing to remember what's good and right—in ourselves and our world. Recently, I read about a common tool for planning—a SWOT table—that helps us look at our Strengths and Weaknesses, Opportunities and Threats. The authors explained that too often people focus on their weaknesses and the threats around them instead of building on their strengths and opportunities.

As a people of possibility, let us take stock of our strengths—including, but not limited to, our compassion, sacrifice, courage, and kindness—and look for opportunities to use those strengths to improve our own lives and those of our neighbors and the world.

Opportunities at UUC include several Adult Faith Development offerings: discussing the UUA [Common Read, Justice on Earth](#), or viewing films together (including [America Inside Out](#) and the [Social Justice Film Series](#)). Or you could join the [Mental Health Justice Ministry](#), the [Environmental Justice Team](#), or the [Anti-Racism discussion group](#). Out in the community, there are plenty of opportunities to engage with others who seek to heal the world, including the [Day for All People](#) in Richmond on **January 22** (sponsored by [VICPP](#)) or the Dialogue on Race [Winter Summit](#) in Christiansburg on **January 26**.

The possibilities are endless.

In faith and hope,  
Rev. Pam



## Contact Information

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**Staff Office Hours:****Minister:**

Tuesdays, Wednesdays &  
Thursdays, 9-1  
Contact for appointment  
or use this [link](#) to set one  
up online.

**Administrator:**

Mondays & Fridays, 1-4

**DLFD:**

Contact for appointment.

## Message from Our Board

Steve Keighton, President-Elect



Happy New Year! Everyone has made their New Year's resolutions, right? That's OK, I haven't either! Whether or not this is standard practice for you, the beginning of every new year presents an opportunity for many to intentionally look ahead and think about your hopes, dreams, even concerns, or anything else that you may be anticipating in the coming year or beyond. These ideas could indeed be personal goals or more related to what you see for the larger community and your role in it. Whether you are a detail-oriented thinker (me) or more visionary (do you see each happy little tree or the entire beautiful forest?), or, if you prefer to always have plans (me again) or are more spontaneous and flexible, jumping on whatever life presents at any moment, it is still important to spend some time imagining the possibilities ahead of us. What feeds your soul, and are you already doing it or planning to do it? Is it something personal, or some way of engaging more with community? Maybe a bit of both?

**Possibilities** is indeed our theme for January, and I think you will notice (and as alluded to by our Board President last month) that we as a congregation will be focused on this idea of looking ahead quite a bit during this coming year. We believe the congregation is currently in a very good place, and therefore it's the perfect opportunity to turn on the high beams and look down the road a little farther. We will be asking for your involvement in this process which will include a mix of broader visioning as well as exploring some specific possibilities that we may wish to put resources and energy toward. What exactly that process looks like is something we still have in the oven (that metaphor came to mind because of the delicious aromas emanating from our oven as I write this just before Christmas). Whatever this process looks like, we will need **your** input and energy as we explore where we want to go, who we want to be, and what we want to do over the next few years. You will likely hear terms like "long range planning", "vision", and "possibilities" (have I already used that one?) more and more throughout 2019.

Before we lay out a specific "possibility" process with you all (while it is still baking in the oven), now is a good time to start thinking about some of the following questions (some of you may always be thinking about these): How do you see your relationship with the UUC community in the future? How do you see the relationship of the UUC community with the larger community around us, or the larger UU faith community? How about the same for yourself in other communities such as work, school, volunteer groups, neighborhood, friends and family? Do you want to change something or do more of the same but perhaps with a different energy or emphasis? Sometimes we feel a need of more focus on ourselves, and sometimes more on the world around us. Both are important to consider, so spend some time thinking about the possibilities for yourself, and to what extent those might fit in with possibilities for our precious community. I hope it is a meaningful and exciting process!

### Service Cancellation

In the event of our canceling a Sunday service due to the weather, a message will be sent to all those on our announcement listserv by **8 AM**. You can also check for a message on our [website](#) or our [Facebook page](#), or go to [wsls.com](#) and look under the list of church closings. This should also run across the top of your TV screen on WSLs Channel 10.

# Upcoming Events



For the 9<sup>th</sup> year in a row, UUC will be providing support to **To Our House (TOH)**, the NRV's winter homeless shelter. This year, for the first time, we will be helping provide shelter for both men and women.

Our dates this year are Saturday-Friday, **February 9-15**, and our host church is once again New Life in downtown Blacksburg. We will be supporting them with food preparation, provisions and evening activities. We hope that many of our congregants will volunteer to help in this very important interfaith activity.

Visit the TOH table in Elarth Hall after Sunday services for sign-up sheets and more information about the TOH program or contact [Kimberley Homer](#), [Joe Powers](#), or [John Kelso](#).

## NAMI Family-to-Family Education Program

Do you have a loved one with a mental illness? There is hope! You are invited to participate in the life-saving *Family-to-Family Education Program* from NAMI (National Alliance on Mental Illness), a series of 12 weekly classes structured to help family members, caregivers, and friends understand and support their ill relative while maintaining their own well-being. The course is taught by trained volunteer family members who know what it is like to have a loved one with a mental illness.

There is **NO FEE** for the program which runs on Mondays, **January 14 – April 8**, 6-9 PM at New River Valley Community Services, Blacksburg. Registration is required - contact [Margo Walter](#) for the registration link or for more information. The class is sponsored by the NAMI NRV, VA chapter.



## Newcomers' Orientation



Interested in learning more about UUism and our congregation? On Saturday, **February 2** from 9 AM – noon, join Rev. Pam, other newcomers, congregants, and Connections Committee members to listen, share, and discuss topics which will answer your questions. The orientation is open to newcomers and to those who have been attending UUC for awhile. The session will begin with a light breakfast. Childcare provided upon request. If you plan to attend, or would like more information, contact [Pauletta Copenheaver](#).

## Women's Lunch

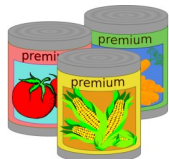
All women are invited to lunch together on the 1st & 3rd Fridays of the month at 11:30 AM (note new earlier start time) at various restaurants in the area. On Friday, **January 4**, we gather at *Spicity* in Blacksburg. On Friday, **January 18**, join us at *Outback* in Christiansburg.

## EarthSpirit Sisters Full Moon Ritual

All women are welcome to join in the celebration of the full moon on Monday, **January 21** at 6:30 PM. The annual business meeting will also be held.

## Second-Sunday Potluck

Everyone is invited to enjoy lunch together following the service on **January 13**. It's a wonderful opportunity to meet new people while sharing a delicious meal. This month, if your last name begins with **Mat-Mop**, bring a beverage; **A-Lam** bring a main dish; **Lan-Mas and Mor-Z** bring a side dish or dessert. Don't forget your list of the ingredients in your dish to assist those with food allergies. Please be sure to bring a **LARGE DISH** as there are many mouths to feed and to be considerate of those at the end of the line that are also hungry.



As always, bring your non-perishable food donations (canned meats, fruits, vegetables, macaroni and cheese, rice, beans, cereal, peanut butter, jelly, coffee, sugar, etc.) for the **Interfaith Food Pantry**. The donation basket is in the lobby just outside the Sanctuary.

# Lifespan Faith Development

January 2019

This FUNdraiser benefits the YRUU Trip Fund.

What is . . .

# JEOPARDY!

Join your UUC friends Friday, January 11 at 6:30 PM as we play the game JEOPARDY! with multi-generational teams. Play on a team or just cheer your friends on. Teams will be drawn that night—enter your name that evening. Suggested playing age: 5th grade-adult.

## MSYG

**Friday, January 18, 6:30-8:30 PM**

Middle School Youth Group meets this month at NRV SuperBowl for bowling and laser tag. Youth in grades 6-8 are invited to come join the fun. Parents, watch your email for more information.

MSYG meets the 3rd Friday of the month, with meetings at UUC and offsite locations. Contact [dlfd@uucnrv.org](mailto:dlfd@uucnrv.org) to learn more.

[Register online.](#)

## YRUU

**Sundays, 6-8 PM**

Our high school youth group, YRUU, meets on Sunday evenings, with some meetings held offsite. Teens participate in fundraisers, fun activities, social action, and conferences, while forming bonds with other teens.

YRUU is open to youth in grades 9-12. Friends are welcome at meetings. Contact [dlfd@uucnrv.org](mailto:dlfd@uucnrv.org) to learn more.

[Register online.](#)



*In this documentary series from National Geographic, Katie Couric travels the country to speak with people bearing witness to the most complicated and consequential questions today in American culture. Each month, we will watch an episode and discuss the topic within. All classes stand alone.*

**Monday, January 28, 7-8:30 PM in our Library: *The Revolt***

Katie Couric explores gender equality in the United States. From famous actors to tech trailblazers to domestic workers, Katie talks to change makers about why we still haven't achieved gender equality, asking whether Americans have arrived at a turning point.

## Social Justice Film Series

*UUC shows a different movie on the first Friday of each month on a pertinent social justice topic. The community is welcome—bring a friend!*

**Friday, January 4, 6:30 PM in the Sanctuary**

### JANE

Drawing from over 100 hours of never-before-seen footage that has been tucked away in the *National Geographic* archives for over 50 years, award-winning director Brett Morgen tells the story of JANE, a woman whose chimpanzee research challenged the male-dominated scientific consensus of her time and revolutionized our understanding of the natural world. Set to a rich orchestral score from legendary composer Philip Glass, the film offers an unprecedented, intimate portrait of Jane Goodall — a trailblazer who defied the odds to become one of the world's most admired conservationists.



A facilitated discussion will follow the movie.



## Our Whole Lives K-1 & 4-5

Begins Sunday, January 27

Contact [Karen Hager](#) to register.

# On-Going Adult RE Programs

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## Sunday Circle

*Meets the first and third Sundays. 8:30-9:30 AM*

**January 6:** Carl Hansen discusses "Birds, Birds, 13 Years of Birds".

**January 20:** Isabel Berney discusses "Take your life in your hands, write your obituary. Explore what others have said about those who have died."

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## Anti-Racism Discussion Group

*Meets the second and fourth Sundays, 8:30-9:30 AM*

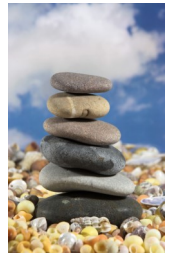
All are welcome to join either of our ongoing discussion groups on white privilege and racism. Topics are announced via email. [Email Karen Hager](mailto:karen.hager@unitarian.org) to join the listserv and receive links to the discussion articles.

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## Meditation Group

*Meets Tuesdays 7-8 PM*

Our meditation group meets weekly for those interested in starting or deepening their meditation practice. Our format is drop-in, so you need not attend all sessions. Open with centering words and basic instruction, followed by sitting practice. Meditators from all traditions and all levels of experience are welcome. To learn more, contact [Tim Pickering](mailto:tim.pickering@unitarian.org).



## Conversations on Our Faith

*Meets Wednesdays 12-1 PM*

Bring a brown bag lunch and join our conversation as we read our current book, *Sapiens: A Brief History of Humankind*, by Yuval Noah Harari. All are welcome, even if you have not read the chapters of the book under discussion. Group members share their insights and personal experiences, and all thoughts and opinions are welcome. To learn more, contact [Tim Pickering](mailto:tim.pickering@unitarian.org).

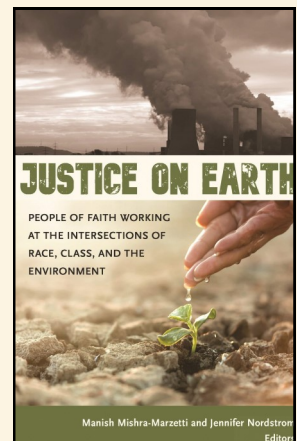
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## UUA Common Read Discussion Group

*Justice on Earth: People of Faith Working at the Intersections of Race, Class, and the Environment*  
by Manish Mishra-Marzetti and Jennifer Nordstrom

This year's UUA Common Read, *Justice on Earth*, explores the ways in which racial justice, environmental justice, and economic justice are intertwined. Those on the margins are invariably those most affected by climate disaster and environmental toxins. The book asks us to recognize that our faith calls us to long-haul work for justice for our human kin, for the Earth and for all life. It invites us to look at our current challenges through a variety of different perspectives, offers tools to equip us for sustained engagement, and proposes multiple pathways for follow-up action.

A discussion group will be held after the service on **January 6, 13, & 20**. The discussion will cover the entire book rather than particular essays. Participants are welcome to come to any of the sessions as long as they have read the book beforehand. Registration is requested but not required. Register online at <https://goo.gl/forms/atyTvuXG1beGhDio2>.



# UUC Community News

## Update on 1/2-Plate Donations

Thanks to your generosity, UUC continued its practice of helping others in both our community and beyond. The December recipients were:

December 2: Virginia Organizing, \$254

December 9: Service canceled

December 16: United Way's Holiday Hunger Assistance Program, \$304

December 23: Women's Resource Center, \$244

December 30: Literacy Volunteers of NRV, \$174

Watch the weekly announcements and website for the coming weeks' 1/2-plate recipients. Have a suggestion—fill out the form in Elarth Hall and place in the lantern or email [Lisa](#).

## Circle Supper Sign-Ups Round II!

Did you miss September's 2018-2019 Circle Supper sign-up? Sign up now for Round II. Circle Suppers are monthly social gatherings of 6-10 people who share a potluck meal at one another's homes and are a great way to get to know folks! Groups meet through May. If interested, fill out the [online form](#) by **January 31** or contact [Kim Feucht](#). If you signed up previously, no need to do so again as your group continues through May.

## Show Your Support for Ratification of Equal Rights Amendment

Members of the UU Congregation of Fairfax are asking all UUs in Virginia to write to their state legislators in support of ratifying the Equal Rights Amendment which will be considered in the upcoming General Assembly. Read their [letter](#) for much more information.

## Show Your Support for Anti-Gun Violence

Come to the anti-gun violence letter-writing table in Elarth Hall on Sunday, **January 27** immediately after the service. Mindy Quigley and others are going to Richmond on **February 4** for the **Moms Demand Action Legislative Day** and will hand-deliver the letters to our elected representatives in Richmond.

## December Board Mtg. Highlights

- ◆ The Annual Meeting was set for **June 2** following the service.
- ◆ Service weather cancelations will now be announced by 8 AM.

The next Board meeting will be held on Thursday, **January 10** at 7 PM. The [minutes and reports](#) of meetings for the past two calendar years are available.

**Questions, Ideas, Complaints for the Board:** Simply send an email to [adresstheBoard@uucnr.org](mailto:adresstheBoard@uucnr.org).

## Message from Lay Pastoral Care Ministry

Happy New Year to all. As you face 2019, Rev. Pam Philips and the Associates of Lay Pastoral Care Ministry (LPCM) want you to be aware of our willingness to visit and provide a compassionate



presence at any time you are having difficulties in your life. Rev. Pam, of course, is your initial resource in troubling times, but an Associate can supplement her ministry when you have struggles with death of a loved one, a wrenching medical diagnosis, sudden loss of a job, an unwanted change in your living space, or even the loss of a beloved pet. For more info, see our [LPCM brochure](#).

At this time, the Associates are: Dick Bauman, Marilyn DuPont, Dan Kominsky, Dave Lievsay, Carmen Papenfuss, Helen Renqvist, Janet Sawyers, and Chris Walter. Four of the Associates will be cycling off in June, and a new training program will be offered in the spring.

Jane Mahone and Jennifer Mercier are the co-coordinators, with Jennifer starting in her new role as of January 1. Welcome, Jennifer! Thank you to Frank DuPont who left this role as of December 31.

To request an Associate's visit, contact [Jane](#) or [Jennifer](#). Phone numbers available in our directory or contact [administrator@uucnr.org](mailto:administrator@uucnr.org).



## We Could Go Solar - Do You Want To?

Your UUC **Environmental Justice Team (EJT)** has been intensively working on several projects. One of these is studying the feasibility of mounting up to 81 solar panels on our south-facing roof. EJT members have:

- Consulted a vendor regarding the structural integrity of our roof to support the panels
- Evaluated costs and vendors
- Considered financing (such as a capital campaign, member donations, and loans based on electricity savings)
- Presented basics of the plan to your Board (**NOTE:** The Board has not yet made a decision regarding this proposal which is still under consideration.)

### What would 81 panels accomplish?

- 81 panels would generate 29,700 kW hours per year. Currently UUC uses about 40,000 kW hours per year. 81 panels would save 21 metric tons of CO<sub>2</sub> from being produced. That equates to the CO<sub>2</sub> produced from 2,363 gallons of gasoline or 22,960 pounds of coal per year.

### Why would UUC go solar?

- Our 7<sup>th</sup> principle states that "we affirm and promote respect for the interdependent web of all existence of which we are a part." Solar is in keeping with this principle.
- Solar would reduce harmful CO<sub>2</sub> emissions and protect the environment in which we live.
- Solar would help to mitigate climate change and its deleterious effects.

### EJT needs your input.

- What are your thoughts about a solar project for UUC?
- Do you have suggestions for the EJT regarding funding or other aspects of adding solar at UUC?
- Please email your thoughts to [ejt@uucnr.org](mailto:ejt@uucnr.org) or one of the individuals below.

**EJT Renewables Group:** [Rick Ashley](#), [Bill Baker](#), [Patrick Feucht](#), [Meredith Hundley](#), and [Alan Moore](#)

## Two Mental Health Support Groups at UUC

All are welcome on the 3rd Monday of each month at 6 PM to attend our community-wide mental health support group for those with a mental illness. Next meeting is **January 21**. A second support group for friends and family of those with a mental illness meets on the 3rd Wednesday of each month at 6 PM. Next meeting is **January 16**.

## Parent Bereavement Group

We are a community-wide support group for bereaved parents and grandparents who have lost an adult or adolescent child. We come together once a month to listen, to share our stories of loss and love, and to help one another on our journeys. The next meeting will be on Monday, **January 14** from 6-7 PM at UUC in our library and will continue monthly on the 2<sup>nd</sup> Mondays. For more info, contact [Katherine](#) or [Lisa](#).



# Money Matters

## Your Legacy Is More Than Money

When most people think about leaving a legacy to future generations, it usually concerns things such as money, treasures, family keepsakes, vehicles and the like. Giving things is usually dealt with by creating a will or living trust which designates who gets what. A person might also consider conveying “matters of the heart” to their children, grandchildren and/or loved ones. A vehicle for doing this is an ethical will. An ethical will is not a legal document. Rather, it is a “love letter to your heirs”. This is a largely Jewish tradition, dating back to the Old Testament when Jacob, on his death bed, surrounded by his twelve sons, told them stories and taught them his life lessons. In the 12<sup>th</sup> century people began to write their ethical wills to impart religious and secular guidance to their children. Today, there is a resurgence of interest in writing an ethical will.

What can an ethical will do?

- ◆ It helps us identify what we value most and what we stand for.
- ◆ By articulating what we value now, we can impart those values to future generations.
- ◆ It helps us come to terms with our own mortality by creating something of meaning that will live on after we are gone.
- ◆ It provides a sense of completion in our lives.
- ◆ It can include stories of our lives and those of our forebears; stories that can enlighten, teach, and entertain.
- ◆ It helps us to be remembered by what we left behind.

Two examples of ethical wills, one by Martha Bird (a fellow UU) and another by Barack Obama (letter to his daughters) are provided below.

[https://celebrationsoflife.net/samples/Martha\\_Bird\\_Ethical\\_Will/](https://celebrationsoflife.net/samples/Martha_Bird_Ethical_Will/)

<https://parade.com/60038/linzlowe/barack-obama-a-letter-to-my-daughters-2/>

How do you want to be remembered? Does our Unitarian Universalist Congregation and its mission fit into your legacy? Consider passing on your values by being a donor to either the [unrestricted](#) or [restricted](#) UUC Endowment Fund. To learn more about UUC’s Endowment Fund in general, including many brochures, visit our [Endowment Funds webpage](#).

## Your Pledge Dollars at Work!

Our **Soul Matters Small Group Ministry** is the most recent way we aspire to live into our mission—to inspire spiritual and ethical growth and create compassionate community. Members of the small groups engage with a spiritual practice and a question focusing on the worship theme of the month, and then they gather to share their experiences and insights with each other, guided by facilitators trained to listen deeply. Currently, we have 15 co-facilitators leading 8 groups. While most groups are currently full, we are committed to providing groups for everyone who would like to participate. Please contact [Rev. Pam](#) or [Marilyn DuPont](#) if you would like to participate when new groups are formed.



So how does this program rely on your pledge dollars? Some groups meet in members’ homes, but others meet at UUC (think heat and lighting bills). The materials used are posted on our [website](#) (contact [Lisa](#) for the password) and are available to everyone in the congregation, whether they are in a small group or not (think staff time to maintain the website). The monthly packets are part of a subscription we pay to the *Soul Matters Sharing Circle*, along with those we use to plan for our Sunday morning worship services. Starting this new program required staff and volunteer hours to recruit and train the facilitators, advertise and register participants, and form the groups. Time, energy, and money went into starting up the program, but the value of small group ministry to those who participate in it? Priceless.

**Please note that Lisa Evanylo’s new office hours will be Mondays & Fridays, 1-4 PM.**



## Unitarian Universalist Congregation Sunday Services January 2019

Services at 10:00 AM in the Meeting Hall  
Religious Education Classes and Nursery Care  
All are invited to share coffee & conversation following the service.

### Theme for January: *Possibility*

**January 6:** Rev. Pam Philips with Worship Associate Jim Kern, *It's Possible!* We'll begin our month-long exploration of what it means to be a *People of Possibility* by considering how to get past the voices of negativity that prevent us from dreaming big dreams for ourselves. UUC's Choir will sing at the service.

**January 13:** Rev. Pam Philips and Worship Associate Victoria Taylor, *This Place of Possibility*. In our wildest dreams, who and what will we become as a congregation? The sky's the limit as we begin a process of naming our greatest hopes for our collective future.

All are invited to our monthly potluck following the service.

**January 20:** Rev. Pam Philips with Worship Associate Earle Irwin, *Infinite Hope*. Martin Luther King, Jr. once said, "We must accept finite disappointment, but never lose infinite hope." As we observe his birthday, what are the possibilities for achieving his dream of racial equity, and how are we to maintain infinite hope in the face of disappointment? UUC's Choir will sing at the service.

**January 27:** Rev. Dr. Cathie Stivers, *Reviving the Power Within*: As we enter into the new year with fresh hopes and dreams, what will fuel our efforts and plans? Rev. Dr. Cathie Stivers, author of *Reviving Our Indigenous Souls: How to Practice the Ancient to Bring in the New*, will discuss how we can tap into the power we have within us to maximize our everyday experiences and chart our courses.

What does it mean  
to be a people of  
Possibility?



### Lay Pastoral Care Ministry "Office Hours"

Lay Pastoral Care Ministry (LPCM) will have two Associates available for conversation about any issue of a personal nature you would like to discuss in confidence after the services on Sundays. They are prepared to discuss whatever is weighing on your mind and heart and also to offer information on the services of LPCM and our Minister. Meet them in the small room just off the foyer. If that is not an option for you, there are Contact Cards in an envelope hanging on the LPCM kiosk section in Elarth Hall. Fill one out, place in the slot in the wooden box outside the minister's office, and you will be contacted shortly.

#### Our Mission

***Inspire. Create. Transform.***

**Inspire** spiritual and ethical growth. **Create** compassionate community.  
**Transform** our community and the world through courageous love.

#### Our Vision

UUC will be a beacon of liberal religion in the New River Valley. We will join  
with other organizations  
and faiths to work for just causes.

We will practice generosity and radical hospitality. We will be known as a  
place of beauty, welcome, joy, and celebration.



# Unitarian Universalist Congregation

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# CALENDAR: January 2019

## Staff Office Hours:

**Minister:** 9-1 Tu - Th; Contact for appointment  
**Administrator:** Mondays & Fridays 1- 4  
**DLFD:** Contact for appointment

All times are PM unless noted otherwise

⌘ indicates that there is a write-up in the newsletter

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>(All Sundays)</b> 10:00 AM Worship Service; Children's RE ⌘ YRUU 6:00	<b>(All Mondays)</b> 7:00 AM Women's Breakfast & Men's Breakfast at <i>Panera Bread</i> (Bburg)	<b>(All Tuesdays)</b> ⌘ 7:00 Meditation	<b>(All Wednesdays)</b> ⌘ Noon Conversations on Our Faith 5:30 Yoga UUC Choir rehearsals: 6 Children, 7 Adult			
		<b>1</b>	<b>2</b> 5:30 <i>Mental Health Justice Ministry</i> meeting 6:00 Connection Committee	<b>3</b>	<b>4</b> ⌘ 11:30 AM Women's Lunch Bunch: <i>Spicity</i> (Bburg) ⌘ 6:30 Social-Justice Film Series: <i>JANE</i>	<b>5</b>
<b>6</b> ⌘ 8:30 AM Sunday Circle ⌘ 11:30 <i>Common Read</i> discussion group 11:30 Men's Group 11:30 Stewardship Committee	<b>7</b>	<b>8</b>	<b>9</b> 5:45 Finance Comm	<b>10</b> 7:00 Board Meeting	<b>11</b> ⌘ 6:30 YRUU <i>Jeopardy</i>	<b>12</b>
<b>13</b> ⌘ 8:30 AM <i>Anti-Racism</i> discussion group ⌘ 11:15 2 <sup>nd</sup> -Sunday Potluck ⌘ 11:30 <i>Common Read</i> discussion group 11:30 OWL Teacher mtg	<b>14</b> ⌘ 6:00 <i>Parent Bereavement</i> support group	<b>15</b> 2:00 Sages 5:30 <i>National Alliance on Mental Illness</i> meeting	<b>16</b> 4:30 <i>Lay Pastoral Care Ministry</i> ⌘ 6:00 <i>Mental Health</i> support group 7:00 Worship Team	<b>17</b> 5:30 Leadership Development	<b>18</b> ⌘ 11:30 AM Women's Lunch Bunch: <i>Outback</i> (Cburg) ⌘ 6:30 Middle-School Youth Group (offsite)	<b>19</b> 8:00 AM Spring Teacher Training 5:00 Parents' Covenant Group
<b>20</b> ⌘ 8:30 AM Sunday Circle 11:30 Men's Group ⌘ 11:30 <i>Common Read</i> discussion group 5:00 YAC	<b>21</b> 6:00 <i>Mental Health</i> support group ⌘ 6:30 EarthSpirit Sisters Full-Moon ritual & business meeting	<b>22</b> 1:30 Creative Writers' Group	<b>23</b>	<b>24</b> 4:30 <i>Environmental Justice Team</i> mtg 9:00 February Newsletter Deadline	<b>25</b> 6:30 snow date for YRUU <i>Jeopardy</i>	<b>26</b>
<b>27</b> ⌘ 8:30 AM <i>Anti-Racism</i> <i>discussion group</i> ⌘ 11:15 Anti-gun-violence letter writing (Elarth) ⌘ 11:45 OWL orientation	<b>28</b> ⌘ 7:00 America Inside Out: <i>The Revolt</i>	<b>29</b>	<b>30</b>	<b>31</b>		