UNITARIAN UNIVERSALIST CONGREGATION

NEWSLETTER

June 2022

1301 Gladewood Drive Blacksburg, VA 24060 Website: www.uucnrv.org E-mail: info@uucnrv.org Phone: (540) 552-9716

Message from Our Minister

Rev. Pam Philips

As the church year ends, I'm grateful to be able to reflect on this month's worship theme – **Celebrating Blessings**. In the face of difficult and tragic news, it's good to remember all the goodness in our lives.

The month kicks off with our annual **Flower Service** -- a time for celebrating all the blessings of this congregation. Whether in person or on Zoom, everyone is invited to bring flowers (and send photos) to represent the gifts we give and receive from one another. We are blessed by those who create worship, who serve as greeters and coffee makers, who maintain our beautiful grounds, who lead small groups, who teach classes for young and old, and by all those who participate in all we do. A



former member who has attended two UU congregations in their new home said that UUC was so much livelier than they were. I agree! We are blessed by our vibrant congregation!

This Sunday, we'll also have our annual **Congregational Meeting**, electing new members of the UUC Board and passing the Board-proposed budget. This is an occasion when we can celebrate the blessings of those members who answered the call to serve the congregation – retiring President Bob Stimson, Secretary Stephen Henninger (who has continued on the Board even after moving to Salt Lake City!), and Members-at-large Mindy & Paul Quigley and Brandie Lemmon, and continuing members Gene Gardner (stepping up to Secretary), Treasurer Wayne Neu, and soon-to-be President Nancy Bodenhorn. It has been such a privilege to work with these folks as we navigated all the challenges of COVID. I also celebrate those who will join the Board – President-elect Fred Piercy, at-large members Rami Steinruck, Laura Robinson, and Alyssa Short – and look forward to our work together. As we pass the budget, I'll also be celebrating the amazing generosity of this congregation (with late pledges bringing us up to \$332,622) and the hard work of the Stewardship Committee, headed by Carol Kern (who has agreed to serve again next year!). Then there's the amazing time had by all at the spring auction, organized by Molly McClintock and Irene Peterson, supported by everyone who participated by donating, bidding & buying, and bringing food to share. We are so blessed!

We'll have sundaes out in the picnic area after the annual meeting to celebrate the blessing of Lisa Evanylo, who will be retiring as our administrator after 27 years. The congregation has been so blessed by her steadfast service, institutional knowledge, and ability to learn and grow throughout this time. I cannot imagine what it would have been like to start my ministry at UUC without her reliability, patience, humor, and care. But we are blessed that she will continue as a valued member and that she will train our new Administrator, Ericka Kelly, through the month of June. Let us take this time to thank Lisa and welcome Ericka. This will also be the last month our fantastic LFD team – Sara Catlett, Brandie Lemmon, and Alyssa Short – will bless us with their hard work and creativity before handing off the program to the capable hands of our new DLFD, Rachel Craine. We are truly blessed!

In the month ahead, I invite us to look for, acknowledge, and celebrate the blessings in our lives, but also recognize the blessings we give. In the words of Rachel Naomi Remen, "We are all born to be a blessing." Know that **you** are a blessing to UUC.

With gratitude and love, Rev. Pam

Contact Information

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Bob Stimson 540-267-5561 president@uucnrv.org

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Pianist:

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Choir Director:

Ella Kromin choirdirector@uucnrv.ora

Lay Pastoral Care Ministry:

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UUC Website: uucnrv.org

UUC Office Phone: 540-552-9716



Staff Office Hours:

Contact staff to make an appointment.

Message from Our Board

Bob Stimson, Board President

As the sun begins to set on my term as UUC President, I would like share and brag about many things which have been completed, initiated, and supported by this year's Board.



The initial event was the return of in-person events within UUC. Prior to August 29, the front of the building was prepped and painted. On August 29, the first dual-platform service was held. Before and after that date, so much effort was invested in preparing for and presenting each Sunday service. Our technology equipment and knowledge has grown to the point where Rev. Pam does not need to run frequently between the lectern and the AV room to correct a problem during a service. Such growth has taken place with the help of many, many volunteers.

Hiring replacements for our retiring Administrator and our vacant DLFD positions was accomplished with exciting results. Also, the idea of having a ministerial intern and thus making our UUC a teaching congregation, was accepted, encouraged, and included in the proposed budget. It will be a meaningful step for our congregation. The *Growth Through Service* program is in its infancy stage, with a bright and meaningful future.

The Board has created and implemented a process to update our Procedures and Policies which has been on the back burner for more than thirteen years. A successful **Outreach Summit** was held by the Board this spring to implement parts of our Strategic Plan. We inherited a balanced budget and leave with an anticipated, almost balanced budget.

Lastly, we continually dealt with ever-changing COVID-19 policies, making frequent decisions regarding when, where and how, humans and mask-wearing are OK at UUC. UGH. I hope those days are behind us. Please.

The entire Board, voting and non-voting members, did a superb job of holding to our covenant and focusing on our goals. Congratulations to all of us.

UUC Annual Congregational Meeting

Members are requested to attend our Annual Meeting on Sunday, **June 5** following the service (11:30 AM) in person, via Zoom using the service link or by proxy. (All members should have received an email about the meeting, but if not, contact <u>Lisa</u>.) If you require a proxy, give written permission to a congregant who will be attending in person OR if your proxy will be attending via Zoom, send an <u>email to our Administrator</u> naming who will be your proxy. If you do not already have a proxy, email Lisa and request that another member serve as your proxy. No member may serve as proxy for more than ONE absent member. We will be voting on **new officers of the Board** (bios for new candidates can be found at this <u>link</u>) and our **2022-23 UUC budget** available at this <u>link</u> (email <u>Lisa</u> for password).

You can also check out the meeting webpage via this <u>link</u>.

Upcoming Events and Community News



Lisa Is Retiring!

After the annual meeting on Sunday, June 5, please gather in the picnic area at UUC to recognize Lisa after her long stint (27+ years) as our

Administrator. We'll have a special tasty treat but, more importantly, the opportunity to thank Lisa in person for her outstanding service. Please plan to attend.

UUC Piecemakers



The Piecemakers, a UUC quilting and fiber craft group that makes our paraments (those colorful pieces which cover the podium and the candle table) and quilts for any congregant in need of a tangible item of comfort welcomes newcomers of all skills. The group meets in Elarth on the 1st Thursday of each month (**June 2**) at 6:30 PM and the 3rd Saturday of the

month (June 18) at 10 AM.

Our 2021-2022 fiscal year ends on June **30**. Please be sure to get your final pledge payments in before that time and to turn in any receipts for reimbursement to Lisa. An email will be going out shortly reminding you of your current pledge and what is outstanding, if anything.

Hiking Group News: Forest Bathing at the Magic Tree Sanctuary in Floyd



Sunday, June 26, 10 AM. Inspired by the Japanese practice of shinrin-yoku, forest bathing is an evidence-based wellness practice gaining momentum around the world.

In a 2-hour immersive experience, a certified forest therapy guide will lead you on a mindful walk designed to slow down, awaken your senses, and deepen your relationship with the natural world. You'll discover a new way to be in nature and leave feeling relaxed and renewed.

This outdoor event is free, but pre-registration is required. Space is limited to 10 people. For more information or to register, contact <u>Jae</u> or visit his Experience Community page.

May Board Mtg. Highlights

- ◆ The Board voted to give Rev. Pam, in recognition of her exceptional service this past year, a one-time bonus of 5% of current salary to come out of the 2021-2022 budget.
- ◆ The Board approved the proposed budget to be voted on at the Annual Meeting on June 5.
- ◆ Rev. Jamie McReynolds, Ellen Plummer, and Nancy Bodenhorn were approved as our delegates to GA (General Assembly).
- ◆ Rev. Pam and the Committee on Ministries will oversee the new and emerging ministries that came out of the recent Outreach Summit.

The next Board meeting will be hold on Thursday, **June 9** at 7 PM. The minutes and reports of meetings for the past two calendar years are available.

Questions, Ideas, Complaints for the Board: Send an email to addresstheBoard@uucnrv.org.

Update on ½-Plate Donations

Thanks to your generosity, UUC continued its practice of helping others in both our community and beyond. The March recipients were:

May 1: RAISE, \$124

May 8: NRV CARES, \$179

May 15: Blacksburg Refugee Partnership, \$179

May 22: Feeding SWVA, \$178.30

May 29: Service Dogs of Virginia, \$184.80 Watch the weekly announcements and website for the coming weeks' ½-plate recipients. Have a suggestion—email Lisa.

Check out our Give webpage for information on donating options.

June Food Pantry Donations

Our Community Service Team is collecting food in the bins located near the accessible entrance to UUC. Suggested donations for June are Hamburger Helper, canned tuna and canned green beans. Thanks for helping to feed the hungry in our area.

Interfaith

Food Pantry

Advocacy Update

Stop by the **Advocacy Table** in Elarth following Sunday services to let us know what advocacy issues are important to you and sign up for alerts through our congregation's public witness email listsery to be updated on ways you can support justice issues. You can also email Lisa to request that your name be added to the public witness listserv. The advocacy group is currently exploring ways we can engage in supporting voting rights. For those who participate in services via Zoom, we will provide a Zoom option in June to discuss ways you can advocate from home. As UUs, we can all live our faith through our actions.



Weekly Gatherings

Women's & Men's Breakfasts

All women and men are invited each Monday at UUC for coffee, breakfast (bring your own), and conversation with the men gathering from 7-9 AM and women from 7:30-9:30 AM. The two groups meet separately. Join in when you are able.

Women's Lunch

All women are welcome to join together for lunch on Fridays at 11:30 AM at local restaurants or noon at UUC. Check <u>online</u> calendar for locations and times for the following weeks.

Sages

Join us on the 1st & 3rd Tuesdays of the month at 2 PM at UUC for stimulating conversation on topics that affect older adults and more. If you choose not to meet in person, you can still join us on Zoom via this <u>link</u>. All ages welcome.

Yoga

Join this free weekly group at UUC on Wednesdays at 5:30 PM. Bring a mat if you have one. To get on the email list for the weekly status of class, contact <u>Lori</u>.

Monthly Support Groups at UUC

Parent Bereavement Support

A community-wide support group for bereaved parents and grandparents who have lost an adult or adolescent child. We come together once a month on 2nd Mondays (**June 13**) from 6-7 PM to help one another on our journeys. For more info and the Zoom link, contact Katherine or Lisa.

Caregivers Support

UUC hosts a monthly support group for caregivers to share their experiences and challenges. The group meets on the 2^{nd} Tuesdays of each month (**June 14**) from 7-8:30 PM via this <u>Zoom link</u>. Questions or concerns - contact <u>Rev. Pam</u>.

NAMI Support

Connections Support: Persons living with a mental illness are welcome to join this NAMI support group on the 3rd Monday of each month (**June 20**) from 6-7:30 PM. Contact <u>Kimberley</u> for the Zoom link or for more info.

Family Support: Family and friends of persons living with a mental illness are welcome to join this NAMI support group on the 3rd Wednesday of each month (**June 15**) from 6-7:30 PM. Contact <u>Kristine</u> for the Zoom link or for more info.

Transgender Support

NRV Trans Support is a peer-led organization whose mission is to offer support, resources, and social activities to all transgender and gender nonconforming individuals in the NRV in a supportive, anonymous and affirming environment. To learn more, visit their <u>website</u>. Two different support groups meet monthly, and both groups are sponsored by UUC.

The **NRV Trans Adult Group** meets on 1st Thursdays (**June 2**) from 7-8:30 PM and 3rd Saturdays (**June 18**) from 1-2:30 PM and welcomes all adults who identify under the trans umbrella or are questioning their gender. For more information about these meetings, contact nrvtrans@gmail.com.

The **Youth & Families Group** meets on the 4th Tuesdays (**June 28**) from 6:30-8 PM and is for anyone under 18 who identifies under the trans umbrella or who is questioning their gender. The group is also for parents who have trans or gender non-conforming children. Parents are welcome with or without their children. The group provides resources, advice, and support for children and their families. For more information about these meetings, contact <u>correspondence-nrvtransfamily@gmail.com</u>.

SOS – Grounds to UUC Community!

You may begin to notice some changes to the well-loved UUC grounds. Why? We simply do not have sufficient help to continue maintaining the grounds to the current conditions. Without others taking on some responsibilities, we'll begin to see shrubs and trees needing pruning, weeds taking over, outdoor meeting areas not up to snuff, and needed maintenance not getting done. Our current primary grounds workers are aging out (75-80+ years old) and/or burning out.

Susan Baker and Denise Martin will be departing from their co-chair responsibilities at the end of October. They'll be reducing their work time on the grounds which leaves voids that need to be filled. The most compelling need is finding and welcoming a chairperson for the Grounds Ministry. This is what the SOS is all about. The chairperson's responsibilities include:

- ♦ Having the big picture of the grounds (purpose, needs, the future); using the big picture for planning and guiding volunteers.
- Monitoring maintenance needs and seeing that the needs are met (use other) volunteers).
- Recruiting volunteers to help with weeding, watering, spreading mulch and woodchips, putting in plant material.
- Scheduling UUC community work days and the VT Big Event to address seasonal tasks on the grounds.
- Being responsible for the grounds budget, annual report, and miscellaneous communications.
- Scheduling and conducting Grounds Ministry meetings as needed.

Here's a short list of tasks that are now waiting for volunteers to assume:

- Weed-whacking the 2 slopes on the edges of the large parking lots (3 hours every 2 months).
- Weeding and pruning the pond area and other plantings in the upper lawn (2-3 hours every two weeks).
- ◆ Maintaining the Meditation Path for fallen branches and weeds; weeding the mulched areas of the seven meditation benches (2 hours every other week).
- Completing assigned jobs on the grounds (handy-man/woman) (1-2 hours weekly).
- Cleaning and repainting the in-ground, white, way-finder bricks that serve as directional guides on the Meditation Path (spread task out over time).
- Pruning and weeding in assigned areas (1-2.5 hours every two weeks).

All the above tasks can be done at the convenience of the volunteer (during the week, in the evenings after work, weekends), but a commitment to the task needs to be made.

What do grounds volunteers get out of helping with the grounds? The biggest benefit is a win-win - get connected to the UUC community while also providing service to our beautiful grounds. Other benefits are working outdoors and observing nature up close; experiencing self-satisfaction from doing a job that makes the grounds a welcoming and better space for people, wildlife and flora; having priority to receive plant divisions from plant material needing dividing; and lastly, become a valued member of the grounds family.

You don't have to be a gardener to take on a task. Denise and Susan will provide mentoring. Please consider and follow through with an offer to assist with UUC grounds work. Without additional help, the grounds will experience negative outcomes. "Nothing is no maintenance." Contact Susan Baker to offer your help or for more info.

Ride Your Bike to UUC



Every 4th Sunday through September is **Bike Sunday**. Ride your bike to UUC, save gas, help the planet, get exercise, and be part of the biking movement.

Bike parking at UUC is available at the bike rack in the parking lot and by the Crescent Garden. Questions -contact Susan Baker.



Round the Grounds by Susan Baker, co-chair

Do you know that UUC is a certified waystation for Monarch butterflies? The certification comes from the University of Kansas through its *Monarch Watch Program*. To qualify for certification, one must meet specified criteria with the primary one being to have a source of milkweed, the favored food source for the Monarch caterpillar. We have a variety of milkweeds growing on the grounds – swamp milkweed, wild milkweed, and butterfly weed. Most of the milkweed is found in our pollinator garden in the peacock meadow and in the small detention pond.

The latest Monarch-Watch Update provides very interesting information about the migration pattern of Monarchs. "During the spring and mid-summer migrations, there are powered directional flights with no gliding and soaring. Most flight is rapid at speeds of 10-12 mph at 4-10 meters above the ground. Nectaring occurs mostly in the morning and late afternoon. These migrations appear to advance at rates of 30-55 miles per day". During the migration from Mexico to the North, there is egg laying along the way with development of the next generations of Monarchs. The new generations continue the northward migration. Pretty amazing!



The "COVID Troll" has two new garden art friends. Two large metal sculptures have been added and placed on the grounds thanks to an anonymous donor. The sculptures add visual interest and can generate discussion about their representations. Take a walk on the grounds to see if you can locate the sculptures and then suggest a name for each sculpture. Send your sculpture name suggestions to Denise Martin.





This is the season for blooming irises. The diversity of colors is dazzling. We have many irises in the crescent garden and in the fringe tree garden. Interestingly, some of the irises were in the original crescent garden of 11 years ago, but most of the irises have been donated by congregants, UUC neighbors, and friends of friends. Now that is diversity inside diversity!











Correcting the two detention ponds for storm water control on the grounds has been time-consuming with a lot of hard labor. Joe Powers has dug, moved rocks, and reconstructed a crushed drain leading from the small detention pond to the primary detention pond. The small bio-detention pond required Joe to construct a taller berm to keep water from flowing into our neighbor's yard. Now the formerly bare soil is green with new grass and wildflowers to prevent erosion and assist with the absorption of water. Thank you Joe for your very hard work!

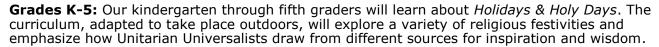
Lifespan Faith Development

Children's RE

Summer RE begins in June! Summer session will run from **June 12-August 14** (no classes on July 3). Classes will take place outdoors on the UUC grounds, weather permitting.

Families should continue to check-in with LFD staff in the downstairs lobby between 9:45-10:00 AM. *Children do NOT go into the sanctuary before classes.*

PreK: Our preschool class will engage in free play on the UUC playground throughout the summer session.



Grades 6-8: Middle school will be on summer break.



Thank You, Teachers & Advisors

Through all the twists and turns of this past year, one thing remained constant:

Our team of LFD teachers and advisors kept showing up!

PreK Teachers

Brian Mayer Katie Mayer Courtney Roberts Dan Taylor Anna Vijayan Diana Zaldivar

K-2 Teachers

Michael Belcher Chris Clark Jessica Morris Alyssa Short

3-5 Teachers

Helen Fotinos Linsey Marr Nicole Napolitano Derek Rountree

MSYG Advisors

John Imbur Chan McGill Meg Moore Angela Parrish

YRUU Advisors

Mark Benson Kim Feucht Jane Keppel-Benson Jim Kern Erika Kolman

YAC

Jane Keppel-Benson Angela Parrish

You were consistent friendly faces in the ever-adjusting lives of our youth and their families. Your support and commitment made the jobs of our interim team so much easier. We appreciate you. **THANK YOU!**

We're Hiring Nursery Sitters

UUC is seeking nursery sitters for the summer. The is a paid position. \$25 per Sunday morning (9:45-11:15). Open to ages 18 and above.

If you are interested, contact Lisa at administrator@uucnrv.org to apply or learn more.

Thank you for spreading the word!

A Knight to Remember!



Thank you to Deb Dickerson for organizing a children's party that took place during the UUC Auction. We are grateful to the Dickerson family and Anna Vijayan for providing a fun night filled with knights, dragons, and royalty for UUC's children.

On-Going Adult RE Programs

Anti-Racism Group

Meets second and fourth Sundays, 1-2 PM via this Zoom link.

All are welcome to join our ongoing group addressing white privilege and racism. Contact <u>Barbara Taylor</u> for meeting topics. Email <u>administrator@uucnrv.org</u> to join the listserv to receive links to the discussion articles.

Meditation Group

Meets Tuesdays, 5-6 PM via this Zoom link.

Our meditation group meets weekly for those interested in starting or deepening their meditation practice. Our format is drop-in, so you need not attend all sessions. Open with centering words and basic instruction followed by sitting practice. Meditators from all traditions and all levels of experience are welcome.



Conversations on Our Faith

Meets Wednesdays, 12-1 PM via this Zoom link.

Join our conversation as we read the book, *The Dawn of Everything: A New History of Humanity* by David Graeber, David Wengrow, et al. All are welcome, even if you have not read the chapters of the book under discussion. To learn more, contact <u>Tim Pickering</u>.

THE DAWN OF EVERYTHING

A NEW HISTORY OF HUMANITY

DAVID GRAEBER !
DAVID WENGROW

Community

conversations

Community Conversations: Abortion: For, Against, or Somewhere In Between Sunday, June 19, 11:30-1 PM in the UUC Library and via this Zoom link.

life, death, agency, and parenting. It gets at the very root of what we care deeply

for in life and opens the door to finding potential common ground. Please join Rev.

Abortion is seldom a topic that we speak about in casual conversation. More often we hear abortion talked about by news media, politicians or, more rarely, depicted in books, television shows, or movies. In pretty much any situation, abortion elicits an intense emotional response. In the U.S., the conversation on abortion generally centers on whether you are "for" or "against" it and very rarely explores personal narratives, what we believe about abortion as a decision, what the procedure entails, or how abortion affects an individual's reproductive and mental health. Engaging in an honest and vulnerable conversation on abortion provides an opportunity to explore the depths of our beliefs about sex,

<u>Jamie McReynolds</u> for this challenging conversation. Given the leaked draft opinion indicating that the Supreme Court will overturn Roe vs. Wade, how might this affect our lives and the lives of our loved ones?

Parents' Covenant Group

Parents of young children are invited to join in the fun on Saturday, **June 4** from 5-8 PM in UUC's picnic area (weather permitting) or Elarth Hall.

This is a monthly support group for UUC parents with younger kids (younger than teen). Enjoy a potluck dinner followed by playtime for kids and support group discussion for parents. We also have social gatherings throughout the year. If you're wanting a friendly group of like-minded parents, contact <u>Deb Dickerson</u>.



Unitarian Universalist Congregation Sunday Services June 2022

Services are now in person at UUC and virtual via **Zoom** at 10 AM. We welcome you to join us.

June's Theme: Celebrating Blessings

Join our dual-platform service each Sunday at 10 AM - both in person at UUC or via this Zoom <u>link</u>.



June 5: Celebrating the Blessings of Community, Rev. Pam Philips and Worship Associates Gretchen Luke and Victoria Taylor. Participate in our Annual Multigenerational Flower service by bringing flowers to the sanctuary and <u>sending</u> in flower photographs to help create the beautiful bouquets that represent our vibrant congregation. We look forward to our whole community gathering, young and old together, whether in-person or virtually.

Members are asked to stay for the Annual Congregational Meeting following the service. (See page 2 for more information.)

June 12: Beyond Blessing, Rev. Pam Philips and Worship Associate Stephen Henninger. Acknowledging and celebrating our blessings can enrich our lives, but might it also make requirements of us? What comes after the celebration?

June 19: The Blessings of Celebration, Rev. Pam Philips and worship associate Ellen Plummer. Juneteenth marks the emancipation of enslaved African Americans in Texas in 1866, but it became a federal holiday only last year. What does it mean to celebrate, to commemorate holidays such as Juneteenth, for a predominantly white congregation?

June 26: *Growing with the Sun*, Kimberley Homer and KC Arceneaux. A celebration of the Solstice, neighbors, and blooming where you're planted. Join congregants Kimberley and KC as they share their experiences growing (and maybe crowing) with what they've got.



Our Mission

Inspire. Create. Transform.

Inspire spiritual and ethical growth. **Create** compassionate community. **Transform** our community and the world through courageous love.

Our Vision

UUC will be a beacon of liberal religion in the New River Valley. We will join with other organizations and faiths to work for just causes.

We will practice generosity and radical hospitality. We will be known as a place of beauty, welcome, joy, and celebration.

Unitarian Universalist Congregation

1301 Gladewood Drive, Blacksburg, VA 24060

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CALENDAR: June 2022

All times are PM unless noted otherwise κ indicates that there is a write-up in the newsletter

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
(All Sundays) x 10:00 AM Worship Service (UUC and Zoom) (All Sundays starting June 12) x 10:00 AM Summer Religious Education classes (UUC)	(All Mondays) x 7:00 AM Men's Breakfast (UUC) x 7:30 AM Women's Breakfast (UUC)	(All Tuesdays) x 5:00 Meditation	(All Wednesdays) x Noon Conversations on Our Faith x 5:30 Yoga (UUC)		(All Fridays) x 11:30 AM Women's Lunch Bunch (at a local restaurant or at UUC: check announcements)	
Events listed will be held via Zoom unless otherwise noted. See the write-ups in the pages above for more information. For Zoom gatherings, the Online Calendar has the Zoom URLs. The online calendar will be updated when there are changes.			6:00 Connections Committee 7:00 Exploring and Reimagining UUism at its Core	2 א 6:30 Piecemakers (at UUC) א 7:00 Transgender Support Group	3	4 א 5:00 Parents' Covenant Group (at UUC)
K 1130 AM Annual Congregational Meeting (UUC and Zoom) Noon Celebrate Lisa's Retirement (UUC)	6	7 κ 2:00 Sages (UUC and Zoom)	6:00 Finance Committee 7:00 Worship Team	7:00 Board Meeting (UUC and Zoom)	10	11
12 א 1:00 Anti-Racism Group	13 x 6:00 Parent Bereavement Support Group	14 א 7:00 Caregivers' Support Group	א 6:00 NAMI Family Support Group	16	17	18 א 10:00 AM Piecemakers (UUC) א 1:00 Transgender Support Group
19 № 11:30 AM Community Conversations: Abortion — For, Against, or Somewhere in Between(UUC and Zoom)	20 κ 6:00 NAMI Connections Support Group	21 κ 2:00 Sages (UUC and Zoom)	22	9:00 July Newsletter Deadline	24	25 Noon RE Event (UUC)
א Bike Sunday א 1:00 Anti-Racism Group	27	28 κ 6:30 Trans Support Group for Youth & Families	29	30		