

UNITARIAN UNIVERSALIST CONGREGATION

# NEWSLETTER

March 2019

Year 54, Issue 3

#### Message from Our Minister Rev. Pam Philips

Our worship theme for March is **Journey**. "Life is a journey, not a destination." Commonly, but incorrectly attributed to Ralph Waldo Emerson, this adage and the metaphor of life as a journey has become commonplace. I think of all the different journeys we take in our lives—educational, career, romantic, spiritual—as well as literal journeys.

If we think of life as a journey, it's good to look back to see from where we've come. Most Unitarian Universalists started their spiritual journeys in different religious traditions, or none at all, and carry with them vestiges and memories, both fond and painful. And even lifelong UUs can look back to how their experience of religion and their beliefs have evolved over time. The upcoming Adult Faith Development workshop, *Owning Our Religious Past*, was designed to help *all* UUs explore their religious journeys and retrieve from them what they want to carry forward. Please consider joining me and others for this five-session class (see page



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6). Sharing our religious journey stories is one of the best ways of encouraging spiritual growth *and* creating compassionate community.

It's also good to think of our fellow travelers, and this month we have the opportunity to journey with other faith communities during the Lenten season. The Blacksburg Ministerial Association is once again sponsoring a series of suppers and services, this year focusing on the *Seven Virtues* (counterparts to the *Seven Deadly Sins*). Whether you observe Lent or not, I encourage you to take advantage of the opportunity to break bread with our neighbors and to learn from different religious perspectives. UUC will be hosting on **March 27** when Mike Ellerbrock from St. Mary's Catholic Church will be speaking on *Chastity and Temperance* (see page 10). Please consider helping to welcome our neighbors by contributing food (soup, bread, or cookies/brownies) and/or volunteering to set up, serve, or clean up. Contact <u>me</u> to volunteer.

As spring approaches (along with spring break for those whose lives are guided by school calendars), I'm mindful of the actual journeys we make, and how they impact our lives. Gettng away from home and our everyday routines gives us an opportunity to see the world with fresh eyes.

Personally, I'm looking forward to several trips away from Blacksburg. Next month, Jamie and I will be journeying to upstate New York for the UU Buddhist Fellowship Convocation. In early May, I'll be traveling to Martha's Vineyard to participate in the ordination of a dear seminary classmate. Then in June, we'll wing our way to Spokane, WA for the annual UU General Assembly (see page 8). UUC can send five delegates to GA. I encourage you to consider making this particular journey, either this year or next in Providence, RI. As much as I look forward to traveling to all these places, my favorite part will be coming home.

In the month ahead, I invite you to think of your own life's journey—where you've been, with whom you are traveling, and where you might go next, literally and figuratively.

With gratitude that we're on this journey together,

Rev. Pam



#### Contact Information

#### Minister:

Rev. Pam Philips 434-996-7094 minister@uucnrv.org

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#### Director of Lifespan Faith Development:

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Lay Pastoral Care Ministry: LPCM@uucnrv.org

UUC Website: uucnrv.org

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Minister Emerita: Rev. Christine Brownlie



#### Staff Office Hours:

#### Minister:

Tuesdays, Wednesdays & Thursdays, 9-1 Contact for appointment or use this <u>link</u> to set one up online.

Administrator:

Mondays & Fridays, 1-4

#### DLFD:

Contact for appointment.

## Message from Our Board

Dan Kominsky, Member-at-large

This month, our theme is **Journey**. When people say they are going on a journey, it usually means a trip, with a beginning and an end. Both are known in advance, and often with a carefully mapped route leading from one to



the other. I think, however, that the most meaningful journeys in life are often those where the destination remains a mystery until you actually arrive there. Even then, it may not be clear that your travels are complete. Indeed, the ends of most journeys in life are really nothing more than temporary waypoints, where we rest a while before continuing onward.

Fifteen years ago, a teenage nephew inquired how someone knows the path that their life will follow. I think this is a question that most of us ask at some time during our lives. My answer is that the act of living is a process of creating your own map as you go. At each moment in life, we are presented with choices - paths - where we can see only a short distance ahead. Without knowing where those paths lead, we need to make the best choices we can, recognizing that each choice will impact our options later in life. I think this is true in all aspects of life, including family, friendships, and work. When I think about it in those terms, it can be intimidating. Despite that, we all must make our decisions as best we can, recognizing that we are making those choices with imperfect information and hoping for the best.

When faced with a choice, there are many approaches when considering the options. One path may be easier and one harder. One might be safer and another riskier. Sometimes it feels like the safest path is to make no decision at all. Some of the most unfortunate situations I've encountered have been where I or a friend have opted not to choose. If we choose poorly, at least we can still recognize that we've tried. So, I would suggest that there are no choices that are "right" or "wrong". Some may lead to preferred outcomes, but either way, it's a step on the journey to becoming our future self.

Finally, the Board would like to recognize a step in an anonymous donor's journey and express its deepest appreciation for the donation of \$10,000, a small part of which enabled UUC to give bonuses to our hardworking staff for whom we are so grateful.

### **Our Mission**

### Inspire. Create. Transform.

Inspire spiritual and ethical growth. Create compassionate community. Transform our community and the world through courageous love.

#### **Our Vision**

UUC will be a beacon of liberal religion in the New River Valley. We will join with other organizations and faiths to work for just causes.

We will practice generosity and radical hospitality. We will be known as a place of beauty, welcome, joy, and celebration.

## UUC's 2019-2020 Stewardship Campaign



# Picture the Possibilities : Keeping UU in the Picture

We here at UUC are blessed with terrific programs and opportunities and with great staff and facilities. We all know it takes substantial financial support just to maintain our programs, staff, and facilities, and it requires even more to expand and improve. In light of that, I'm certain everyone is as excited as I am about the annual

Stewardship Campaign which is scheduled to kick off in April! In an effort to make this year's Pledge Drive easier on the congregation and less intense for the Stewardship Committee and the legions of recruited stewards, we have decided to try something a little different. In addition to group meetings and one-on-one stewarding, we're adding the option for members and friends to get ahead of the curve and pledge early. This is a terrific idea in so many ways; submitting your pledge before the official Pledge Drive begins simplifies Stewardship Committee planning and management, but more importantly, it allows pledgers to more quickly bask in the warm glow of giving. And by pledging early, congregants can avoid the angst associated with being repeatedly asked to get their pledge in so we can continue our fine work here at UUC. Your early pledge will assure that you do not receive requests to join a group meeting or schedule a personal contact with a steward. You'll be home free, off the hook, and happy!

To promote our "early-bird-special", we hope to have someone from Stewardship take just a few minutes at each of the various UUC group functions and meetings held in March to briefly present the 2019 budget and pledging materials and to ask those in attendance to please consider pledging early. We will also continue spreading the word to the entire congregation that pledging early is a really great way to jump-start the campaign this year. Our goal for this year's pledge drive is **\$340,000** - an 8% increase over last year's pledges. This is indeed ambitious, but our congregation has many areas in which to expand beyond the status quo, and we believe your 2019 pledges can make that happen.

If you're **really** on top of things – **pledge right now** via this <u>link</u>. Want to see some background information (proposed budget with explanations, frequently asked questions, etc.)? Go to the <u>Stewardship 2019 Web</u>

page which will be up on

Andy Roberts, Stewardship Chair



or about March 1.

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## **Upcoming Events**



## The Fourth Annual UUC Chili Cook-Off

Mark your calendars for Saturday, **April 13** at 6 PM for a fun night of fellowship and yummy chilis for the whole family. We'll have hot

and mild, vegetarian and meat, and possibly some you've never experienced. There will also be corn bread and other great fixins. **You help is needed** to make this event a big success. Child Care provided. Needed are:

- Chili Cooks
- Chili Tasters
- Chili Judges (everyone's a judge)
- Servers for the chilis and other food items
- Servers for beverages both alcoholic and non-alcoholic
- Donations of supplemental foods and beverages
- Volunteers to help with set-up and clean-up
- To help or for more info, contact <u>Franklyn</u> <u>Moreno</u> or better yet, sign up <u>here</u> to bring chili, cornbread, dessert, finger foods, beverages, and/or to help with set-up and clean-up.



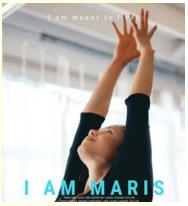
#### EarthSpirit Sisters' Spring Equinox Celebration

All women are welcome to join this earth-based celebration of the Spring Equinox on **March 21** at 6:30 PM in Elarth Hall. For more information, contact <u>Susanne</u>.

## Special Screening of "I Am Maris" at the Lyric Theatre

UUC's Mental Health Justice Ministry, NAMI NRV and the National Bank of BBurg are sponsoring this **FREE** showing of "I Am Maris" on Saturday, **March 23** at 2 PM at the Lyric Theatre.

Maris shows us how amazing we can be, not only in spite of, but because of our struggles. Mental illness is not a weakness, but a catalyst for building strength, spiri



for building strength, spirit, and empathy.

This film will resonate with anyone who has contended with anxiety, depression and/or an eating disorder. "I Am Maris" tells not only the story of the impact of mental illness and recovery on the survivor, but also the impact on her family, friends, and community. On a larger scale it will speak to all of us who try to improve our self-image and self-worth. Those interested in the power of yoga and the practice of mindfulness will also find it inspirational.

#### Don't miss this special screening followed by a Mental Health Panel to answer your questions.

**Volunteers needed**: Help is needed to market the movie by distributing flyers around town, greeting at the Lyric, and manning the resource tables after the film. Contact <u>Margo Walter</u> to volunteer.

## Women's Lunch

All women are invited to lunch together on the 1st & 3rd Fridays of the month at 11:30 AM at various restaurants in the area. On **March 1**, gather at *Amelia's* in Christiansburg, and on **March 15** gather at *El Bronco* in Christiansburg. Enjoy good food and fellowship.

## **Second-Sunday Potluck**

Everyone is invited to enjoy lunch together following the service on **March 10**. This month, if your last name begins with **Mor-Ph**, bring a beverage; **A-Lam** bring a main dish; **Lan-Mop and Pi-Z** bring a side dish or dessert. Don't forget your list of the ingredients in your dish to assist those with food allergies. Please be sure to bring a **LARGE DISH** as there are many mouths to feed and to be considerate of those at the end of the line that are also hungry.

As always, bring your non-perishable food donations (canned meats, fruits, vegetables, macaroni and cheese, rice, beans, cereal, peanut butter, jelly, coffee, sugar, etc.) for the **Interfaith Food Pantry**. The donation basket is in the lobby just outside the Sanctuary.

Lifespan Faith Development

March 2019



## MSYG

#### Friday, March 15, time TBD

Middle School Youth Group meets this month at the Christiansburg Aquatic Center. Youth in grades 6-8 are invited to come join the fun. Parents, watch your email for more information.

MSYG meets the 3rd Friday of the month with meetings at UUC and offsite locations. Contact <u>dlfd@uucnrv.org</u> to learn more.

#### Register online.

## YRUU

#### Sundays, 6-8 PM

Our high school youth group, YRUU, meets on Sunday evenings, with some meetings held offsite. Teens participate in fundraisers, fun activities, social action, and conferences, while forming bonds with other teens.

YRUU is open to youth in grades 9-12. Friends are welcome at meetings. Contact <u>dlfd@uucnrv.org</u> to learn more.

Register online.



*In this documentary series from National Geographic, Katie Couric travels the country to speak with people bearing witness to the most complicated and consequential questions today in American culture. Each month, we will watch an episode and discuss the topic within. All classes stand alone.* 

#### Monday, March 25, 7-8:30 PM in the Library: White Anxiety

The 2016 election put a spotlight on America's white working class - one-third of all Americans - whose economic and cultural anxiety are fueling the country's growing political divide. To understand the real roots of working-class anger and frustration, Katie Couric journeys to rural and Rust Belt America to meet everyday Americans who feel like their towns, their jobs, and their very way of life are vanishing.

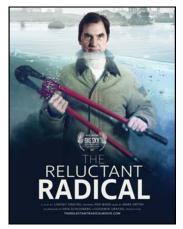
## Social Justice Film Series

*UUC shows a different movie on the first Friday of each month on a pertinent social justice topic. The community is welcome—bring a friend!* 

#### Friday, March 1, 6:30 PM in the Sanctuary

#### The Reluctant Radical

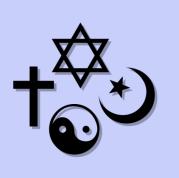
If a crime is committed in order to prevent a greater crime, is it forgivable? Is it, in fact, necessary? *The Reluctant Radical* follows activist Ken Ward as he confronts his fears and puts himself in the direct path of the fossil fuel industry to combat climate change. A discussion will be facilitated after the movie by Dr. Emily Satterwhite.



## **Owning Your Religious Past**

Join Rev. Pam in a five-session class in which we'll examine and retrieve positive aspects of our past religious connections. Participants are asked to commit to all five sessions. Class will meet on Thursday evenings from 7-8:30 on **March 21, March 28, April 4, April 18,** and **May 2**.

Register online at <u>https://goo.gl/forms/E7rNEWMcMDtgIgT43</u>.



#### Sunday Circle

Meets the first and third Sundays, 8:30-9:30 AM

March 3: Liz Craine will discuss cyber safety.

March 17: Paul Quigley will discuss "Remembering the Confederacy".

#### Anti-Racism Discussion Groups

Meets the second and fourth Sundays, 8:30-9:30 AM

All are welcome to join our ongoing discussion group on white privilege and racism. Topics are announced via email. <u>Email Karen Hager</u> to join the listserv and receive links to the discussion articles.

#### Meditation Group

Meets Tuesdays, 7-8 PM

Our meditation group meets weekly for those interested in starting or deepening their meditation practice. Our format is drop-in, so you need not attend all sessions. Open with centering words and basic instruction, followed by sitting practice. Meditators from all traditions and all levels of experience are welcome.

#### **Conversations on Our Faith**

#### Meets Wednesdays, 12-1 PM

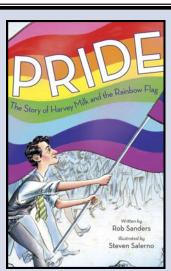
Bring a brown bag lunch and join our conversation as we read our current book, *Sapiens: A Brief History of Humankind* by Yuval Noah Harari. All are welcome, even if you have not read the chapters of the book under discussion. Group members share their insights and personal experiences, and all thoughts and opinions are welcome. To learn more, contact <u>Tim Pickering</u>.

#### **NEW!** in the Children's RE Library

Celebrate the 40th anniversary of the Rainbow Pride Flag with the very first picture book to tell its remarkable and inspiring history!

In this deeply moving and empowering true story, young readers will trace the life of the Gay Pride Flag, from its beginnings in 1978 with social activist Harvey Milk and designer Gilbert Baker to its spanning of the globe and its role in today's world. Award-winning author Rob Sanders's stirring text, and acclaimed illustrator Steven Salerno's evocative images, combine to tell this remarkable - and undertold - story. A story of love, hope, equality, and pride.

The Children's RE Library is located in the hallway downstairs, and all books may be checked out and taken home. Let us know if you need help!





# **UUC Community News**

## Update on 1/2-Plate Donations

Thanks to your generosity, UUC continued its practice of helping others in both our community and beyond. The February recipients were:

**February 3**: Christiansburg Community Center, \$558

**February 10**: NAACP/ Samuel H. Clark Memorial Scholarship Fund, \$388

February 17: Black Lives of UUism, \$273

February 24: Christiansburg Institute, \$165

Watch the weekly announcements and website for the coming weeks'  $1\!\!/_2\text{-plate}$  recipients. Have a



## Three No-Cost Ways to Donate to UUC

Amazon: When purchasing an item on Amazon, simply go to UUC's <u>Fundraising webpage</u> and use our Amazon link to enter Amazon and then make your purchase. When you do this, UUC receives a portion of your purchase price at no cost to you. Be sure to bookmark our Fundraising page so you can go directly through our link whenever you make future Amazon purchases.

**eBay:** UUC has an account with AJ 's Antiques and eBay Services in Christiansburg. If you have items to donate for us to sell on eBay, bring them to our Administrator or contact <u>Linda Powers</u>.

Kroger Community Rewards: Shop at Kroger?
Earn rewards for UUC (5% of purchases) each time you use your Kroger Plus Card at the checkout provided that you have registered online and designated UUC as your selected organization. To do so: 1) Go online via this link.
2) If you already have a Kroger account, simply login. If not, you will be asked to create one.
3) When asked to select the organization to receive your rewards, enter Unitarian Universalist Congregation, then pick our specific congregation from the list, or use organization number KJ073.
4) Every time you shop at Kroger, be sure to use your Kroger Plus Card.

## March Board Mtg. Highlights

 The Board worked on preparing the proposed budget for FY 2019-2020.

The next Board meeting will be held on Thursday, **March 14** at 7 PM. The <u>minutes and reports</u> of meetings for the past two calendar years are available.

**Questions, Ideas, Complaints for the Board**: Simply send an email to <u>addresstheBoard@uucnrv.org</u>.



## UUA GENERAL ASSEMBLY SPOKANE, WASHINGTON | 2019

General Assembly (GA) is the annual meeting of our Unitarian Universalist Association. Attendees worship, witness, learn, connect, and make policy for the Association through the democratic process. The 2019 GA will be **June 19-23** in Spokane, WA.

#### The Theme: The Power of We

What do we want UUism to be? It is a time when we are asking big questions in our faith, and GA 2019 will be focused on digging into those questions together. It is a critical chance for congregational leaders and passionate UUs to set new goals and aspirations for our religious community. Help begin to reshape our Association and our congregations in new and powerful ways.

Registration and housing open March 1 at www.uua.org/ga.

#### **Financial Aid Available**

The UUA is committed to the goal of making GA accessible to as many attendees as possible. Go to the GA <u>website</u> to learn about scholarships to support delegates and volunteer opportunities (work in exchange for registration).

UUC can send 5 delegates with registration paid for. Interested? Contact <u>Ellen Plummer</u>. You can also attend without being a delegate.



## Round the Grounds

Get outdoors and bond with nature (and dirt and mulch – it's fun!). Our Grounds Ministry is holding an **all-church work day, Saturday, March 24, 10-noon**. The purpose is to get our grounds ready for the VA TECH BIG EVENT work day. Don't depend on others to take up the call for help – we need YOU! Please, please, please contact <u>George Lally</u> if you can give us a hand on **March 24**. Knowing you will be there helps us to organize our "to do" list.

**Calling the able-bodied and the not so able-bodied.** Saturday, **April 7** is VT's BIG EVENT, 10:30-2:30. We requested 30+ students to help us complete major tasks to get our grounds ready for the **July 6** *Friends of the Library Garden Tour*. The students can impressively whip through a huge mulch pile in several hours and are very appreciated for the many tasks they help us with. BUT we need congregants to work alongside the students and provide leadership for the work projects. Volunteer to work/lead for 4 hours or whatever time you can give and/or supply food for the hungry

workers. As Uncle Sam says, "We need YOU!" Contact <u>George Lally</u> or <u>Susan</u> <u>Baker</u> to give of your time, food, or the loan of a wheelbarrow. Thank you!





### Two Mental Health Support Groups at UUC

All are welcome on the 3rd Monday of each month at 6 PM to attend our communitywide mental health support group for those with a mental illness. Next meeting on **March 18**. A second support group for friends and family of those with a mental illness meets on the 3rd Wednesday of each month at 6 PM. Next meeting on **March 20**.

### Parent Bereavement Group

We are a community-wide support group for bereaved parents and grandparents who have lost an adult or adolescent child. We come together once a month to listen, to share our stories of loss and love, and to help one another on our journeys. The next meeting will be on Monday, **March 11** from 6-7 PM at UUC in our library and will continue monthly on the 2<sup>nd</sup> Mondays. For more info, contact <u>Katherine</u> or <u>Lisa</u>.



## **Concerns about Sunday AM Coffee**



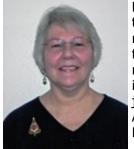
Your friendly UUC volunteer coffee makers have a concern about funding for the Sunday morning Rainforest Certified coffee. Approximately 4 years ago, and after several coffee makers' meetings, the decision was made to purchase directly-traded Rainforest Certified coffee from Strange Coffee

Co. in Riner. Purchasing this coffee would be one small way that we UUs could live our UU values by helping to protect the environment and the rights of the workers. This "special" coffee would be used only on Sunday mornings.

Money to purchase this coffee has been requested annually in the Reach/Wish Budget, but these funds have not become available. Thus, the decision was made several years ago to request donations to cover the additional cost – thanks to all who have donated. Funding concerns particularly exist this fiscal year as directlytraded Rainforest Certified coffee expenses now exceed donations by more than \$100! We are faced with the decision to either discontinue purchasing Rainforest Certified coffee or to make a special request for additional donations. So --- this article is our special request to you!

If you are enjoying this coffee on Sunday mornings, please consider increasing or making a first-time donation by placing it in the containers on the coffee tables. If you do not drink coffee but are interested in supporting the purchase of locally-roasted Rainforest Certified coffee, your donations are appreciated. Regular updates on donations and expenses can be seen on a small poster located on the coffee tables.

## Meet Our Newest Members



**Linda Cherry** has been a Unitarian for 40 years beginning in the San Francisco East Bay, then the North Olympic Peninsula of Washington State and the Big Island of Hawaii. She moved here in December of 2018. Prior to retiring to Sequim, WA in 2010, she ran the foundation at Contra Costa College in California for nine years, had a freelance social marketing and communication consulting practice for 16 years, managed public information and volunteers at a youth services agency for 5 years, and was a community journalist as a young adult before spending a couple of years in Mexico City. Born in Alabama, she never expected to return to the South but is pleased to be in blue Montgomery County and hopes to contribute to a New South.

**Boo Domermuth** grew up in Blacksburg and has returned after many years to be with her mother, Dorothy Domermuth. Boo was a UU in Durham at Eno River UU Fellowship. She was a research nurse and is about to take up nursing here. She has 3 grown children, loves to garden, and appreciates being back in Blacksburg.





**Kendra McAllister** began attending UUC 2 years ago with her 3 children. She is a birth instructor, and her husband, Elliott, is busy with his own start-up tech business. Kendra is involved in RE. Her older daughter, Vesper, and son, Rohn, sing in the Children's Choir. Juniper, the younger daughter, is in the pre-K class.

**Noe More** and his daughter, Genevieve, started coming to UUC in the fall after Genevieve expressed interest in going to a church. Noe's wife, Katie, and infant son, Grant, don't attend. Noe is the manager of Aztec Rental in Blacksburg and has a variety of nerdy hobbies.



## From Our Committee on Ministries

According to our policies, The Committee on Ministries (COM) is a Committee of the Board that reviews and supports the various ministries of the Congregation, with the intention of strengthening the health and wellbeing of the Congregation as a whole system. . . [It] is charged with considering how the Congregation is living into its vision and mission in the world and creating opportunities for strengthening communication in the life of the Congregation.

Currently, Stephanie Gilmore, Korey Mercier, Ann Norris (chair), Bob Stimson, Barbara Taylor, and Margo Walter are serving on the COM. Each member focuses on a different shared ministry of UUC, seeking information on how things are going and how they might feel better supported. **If you have questions, concerns, or suggestions on how we can better live into our vision and mission, feel free to contact these folks by writing** <u>contactCOM@uucnrv.org</u>.

### 2019 Ecumenical Lenten Supper Series

UUC is once again hosting one of five community suppers/worship services from **March 13-April 10** sponsored by the Blacksburg Ministerial Association. The theme is the **Seven Virtues**. All are welcome to attend one or all of these. For the full list, follow this <u>link</u>.

UUC will be the host congregation on Wednesday, **March 27**. Supper is served from 5:30-6:15 PM with the worship service following from 6:15-7 PM. Mike Ellerbrock of St. Mary's Catholic Church will speak on *Chastity and Temperance over Lust and Gluttony*. See Rev. Pam's message on pp. 1 for how you can help.

An offering will be collected at each supper/worship service to support the Montgomery County Emergency Assistance Program.



### Unitarian Universalist Congregation Sunday Services March 2019

Services at 10:00 AM in the Meeting Hall Religious Education Classes and Nursery Care All are invited to share coffee & conversation following the service.

### **Theme for March:** *Journey*

**March 3**: Rev. Pam Philips with Worship Associate Earle Irwin, *We are Going.* What does it mean to be on a journey as Unitarian Universalists? Other faith traditions have definite destinations like Heaven or Hell. Where are we going? UUC's Choir will sing at the service.



**March 10**: Rev. Pam Philips with Worship Associate Victoria Taylor, *Trailblazers*. As we observe Women's History Month, we'll celebrate some of the Unitarian, Universalist, and Unitarian Universalist women who have left markers for us to follow in our journeys.

All are invited to our monthly potluck following the service.

**March 17**: Rev. Pam Philips with Worship Associate Jim Kern, *The Long and Winding Road.* As we journey through life, some make careful itineraries—planning the routes, timelines, and rest stops—while others take a more casual approach. We'll explore how differing approaches can impact our journey. UUC's Choir will sing at the service.

**March 24**: Rev. Pam Philips with Worship Associate David Lally, *Fellow Travelers.* Some are forced to make desperate journeys to escape dangerous lives filled with violence and poverty. What are we called to do as they make their way to safety?

**March 31**: Dr. Annie Hesp, VT Spanish instructor, with Worship Associate Stephen Henninger, *Finding Your Way on the Camino Santiago*. Dr. Hesp will share what she's learned from her own and her students' experiences of walking the Camino de Santiago, a centuries-old pilgrimage route in Spain.

## Lay Pastoral Care Ministry "Office Hours"

Lay Pastoral Care Ministry (LPCM) will have two Associates available for conversation about any issue of a personal nature you would like to discuss in confidence after the services on Sundays. They are prepared to discuss whatever is weighing on your mind and heart and also to offer information on the services of LPCM and our Minister. Meet them in the small room just off the foyer. If that is not an option for you, there are Contact Cards in an envelope hanging on the LPCM kiosk section in Elarth Hall. Fill one out, place in the slot in the wooden box outside the minister's office, and you will be contacted shortly.





## Unitarian Universalist Congregation

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## CALENDAR: March 2019

#### **Staff Office Hours:**

**Minister**: 9–1 Tu – Th; Contact for appointment **Administrator**: Mondays & Fridays 1– 4 **DLFD**: Contact for appointment All times are PM unless noted otherwise

ndicates that there is a write-up in the newsletter

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
(All Sundays) 10:00 AM Worship Service; Children's RE א YRUU 6:00	(All Mondays) 7:00 AM Women's Breakfast & Men's Breakfast at Panera Bread (Bburg)	<b>(All Tuesdays)</b> א 7:00 Meditation	(All Wednesdays) א Noon Conversations on Our Faith 5:30 Yoga UUC Choir rehearsals: 6 Children, 7 Adult		1 × 11:30 AM Women's Lunch Bunch: Amelia's (Cburg) × 6:30 Social-Justice Film Series: <i>The</i> <i>Reluctant Radical</i>	2
<b>3</b> א 8:30 AM Sunday Circle 11:30 Men's Group	4	<b>5</b> 2:00 Sages 5:30 Mental Health Justice Ministries	<b>6</b> 6:00 Connection Committee	7	8 × 7:00 YRUU Coffeehouse	9 5:00 Parents' Covenant Group
10 к 8:30 AM Anti-Racism discussion group к 11:15 2 <sup>nd</sup> -Sunday Potluck	<b>11</b> א 6:00 Parent Bereavement Support group	<b>12</b> 4:00 Committee on Ministry	<b>13</b> 5:45 Finance Comm 7:00 Worship Team	14 7:00 Board Meeting	<b>15</b> א 11:30 AM Women's Lunch Bunch: <i>El Blanco</i> (Cburg) א time <i>TBD</i> Middle- School Youth Group (Cburg Aquatic Center)	16
<b>17</b> א 8:30 AM Sunday Circle 11:30 Men's Group 5:00 YAC	<b>18</b> א 6:00 Mental Health support group	<b>19</b> 2:00 Sages 5:30 National Alliance on Mental Illness steering committee	20 4:30 Lay Pastoral Care Ministry א 6:00 Mental Health Support group	<b>21</b> 5:30 Leadership Development א 6:30 EarthSpirit Sisters Spring Equinox Celebration א 7:00 Adult RE: <i>Owning Your</i> <i>Religious Past</i>	22	23 × 2:00 Mental Health Justice Ministries: FREE Movie at the Lyric "I Am Maris"
24 κ 8:30 AM Anti-Racism discussion group	<b>25</b> א 7:00 America Inside Out: <i>White Anxiety</i>	26 1:30 Creative Writers' Group	27 א 5:30 Lenten Dinner	28 4:30 Environmental Justice Team mtg × 7:00 Adult RE: <i>Owning Your</i> <i>Religious Past</i> 9:00 April Newsletter Deadline	29	30
<b>31</b> 11:30 Community Service Team						