# UNITARIAN UNIVERSALIST CONGREGATION

# **NEWSLETTER**

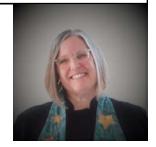
# October 2021

1301 Gladewood Drive Blacksburg, VA 24060 Website: www.uucnrv.org E-mail: info@uucnrv.org Phone: (540) 552-9716

# **Message from Our Minister**

Rev. Pam Philips

Each month, our worship services and small groups consider a theme from the *Soul Matters Sharing Circle*, as do many other UU congregations across the continent. Once a month, members of our small groups gather to share their experience of the spiritual exercises and questions, and I meet with other ministers near and far to discuss how we are approaching the themes. I love knowing that we are part of a much larger conversation between and among Unitarian Universalists.



Some of you may have noticed a difference in the themes for this year. In years past, we asked ourselves "What does it mean to be a people of ----" whatever the

one-or two-word theme was that month, be it Renewal, Imagination, Commitment, etc. This year's themes are expressed using nouns and verbs. Not just *Possibility* but *Embracing Possibility*. Not just *Relationship* but *Cultivating Relationship*. We're asking ourselves not just to THINK about the themes, but to DO something with them.

The difference may seem subtle but is significant. It acknowledges that spiritual and ethical growth requires active engagement rather than passive reception. Consider this month's theme – Cultivating *Relationship*. To cultivate originally meant to prepare and use land for crops or gardening but has since expanded to other contexts – like relationships. In any case, it requires planning and care. Think about the vegetables and flowers you have tended, this summer or in years past, and the time, thought, energy, and patience they required. Cultivating is not a simple one-time act—it is an ongoing pursuit that often hopefully yields a bountiful harvest.

As you consider your engagement with the congregation this year, I invite you to consider cultivating some new relationships. One look at the <u>calendar</u> and email announcements will help you find plenty of opportunities to socialize, learn, and act with other members of our community. Or perhaps you have an idea for a class or activity that you think others might enjoy. Are you ready to cultivate something new at UUC (like the Tarot workshop scheduled for **November 9**)? Or you might be ready to cultivate some new skills, particularly those needed to help support our new ways of meeting in person and online at the same time. We're still looking for volunteers to help with AudioVisual Tech on Sunday mornings.

As we consider cultivating new relationships, sometimes we need to let go of or change old ones. As you may know, our wonderful Director of Lifespan Faith Development, Karen Hager, and LFD Assistant, Rachel Craine, have decided it is time to leave their positions at UUC at the end of November. We will definitely miss them in these roles and are grateful for all the years they have given us. Their knowledge, creativity, skills, and commitment have created a strong LFD program that has continued to enrich the lives of children, youth, and adults, even through the pandemic. The LFD Committee and the Board will help us through a process of determining what we want moving forward and finding new people who will continue to build on their strong program. Karen and Rachel will continue to be part of our UUC community, and we look forward to cultivating new relationships with them.

In faith,

Rev. Pam

# Contact Information

**Minister** Rev. Pam Philips 540-252-9156 minister@uucnrv.org

#### President:

Bob Stimson 540-267-5561 president@uucnrv.org

# **Director of Lifespan Faith Development:**

Karen Hager 540-577-8043 DLFD@uucnrv.org

#### Administrator/ Newsletter/Website:

Lisa Evanylo 540-257-3612 administrator@uucnrv.org

#### Pianist:

Jared Gibbs pianist@uucnrv.org

#### **Choir Director:**

Ella Kromin choirdirector@uucnrv.org

# Lay Pastoral Care Ministry:

LPCM@uucnrv.org

UUC Website: uucnrv.org

#### **UUC Office Phone:**

540-552-9716



#### **Staff Office Hours:**

#### Minister:

Contact <u>Minister</u> to set up an appointment or make an appointment online via this <u>link</u>.

#### Administrator or DLFD:

Contact <u>Administrator</u> or <u>Director of Lifespan</u> <u>Faith Development</u> to set up appointments.

## **Message from Our Board**

Stephen Henninger, Board Secretary

My first few months on the Board have been a whirlwind. I've had to learn how to take minutes, prepare agendas, and ensure all the information is accurate. This has been

made easy due, in some part, to the relationships I've cultivated on the Board and within our congregation to make the learning curve a little less steep.

Further, we have had quite a few important decisions to make. From our Board goals and Board Covenant, to the weekly decision to hold in-person services and religious education classes, the Board has taken each of these decisions seriously and allowed for a period of discernment to ensure we are making the best decisions for our congregation.

Looking ahead, these periods of discernment will continue to be important. Whether that is continuing to monitor and make decisions about our congregation's safety through in-person modalities or reviewing and updating policies, taking the time to put thought into and to having a robust discussion will continue to serve our Board well - even if it does make taking the minutes a little harder! Each congregant should know that our Board takes seriously our roles and our work - and we look forward to seeing how our congregation continues to be a beacon of liberal religion within the New River Valley.

# **Imagine the Possibilities of Stewardship**

Greetings! I am Carol Kern, the new Stewardship Chair taking over for the hardworking but exhausted Andy Roberts. He did a wonderful job leading our annual pledge drives for 5 years culminating in the unimaginable result of reaching our stewardship goal last year during a pandemic! Congrats and thanks to Andy, the wonderful Stewardship Committee, and our stewards for a job well done. This year Andy is my mentor as I slip into the stretch role (for me) of Stewardship Chair.



Our hope is to find two or more new people to join our committee, hopefully in the age range of 21-40, to provide input from younger generations with new ideas to infuse into our group. If you are not a "committee type", we can still use you to help us create our campaign theme, shoot and produce a video, or help us imagine how we will conduct our campaign this year. If you want to join us but don't fit the age profile, you are most welcome and please come aboard!

Imagine the possibility of a campaign conducted in a different and creative way. How can we involve the youngest members of the congregation? Not to ask them for money, of course, but perhaps they can help paint or draw some thank-you cards or star in some videos about our congregation. How can you help?

Part of our campaign approach is to reach out to every single one of our congregants to connect, learn from, and involve them in our Stewardship Drive. Would you be willing to join our team of stewards? Let me know if you are interested in joining us or have any ideas about stewardship. My email is <a href="mailto:cmhkern@gmail.com">cmhkern@gmail.com</a> or you can call or text (540) 357-1918. Looking forward to talking with you!

# **Upcoming Events/Community News**

# UUC Fall Online Goods Auction October 31-November 14

Once again due to Covid-19, we are holding our Fall Fundraiser/ Auction online. We hope to gather in person in the spring for a live auction featuring dinners, events, and parties.

To help make this a successful auction, we need **YOU** to donate and purchase items. Please submit your auction donations or monetary contributions NOW via this <u>link</u>. We are focusing on tangible items (food, artwork, gift baskets, gift certificates, furniture, counter-top appliances, tools, jewelry, clothing, books, toys, games, etc.).



The bidding will begin on **October 31** and run for just two weeks until **November 14**. Use this <u>link</u> to make your bids. As before, you will arrange for pick-up or drop-off of your donations or purchases. If you have questions or need assistance listing your donations, contact <u>Irene Peterson</u>.

THANK YOU for contributing to another successful auction fundraiser.

#### Join the UUC Choir!



Our choir needs folks to sing and record our favorite hymns from our two UU hymnals to be played at Sunday services. No auditions required. We meet every Wednesday from 7-7:30 PM singing in a group, improving our physical and mental health, and increasing our happiness. We gather outside and keep a safe physical distance. Just grab your

mask and come join us! Questions or suggestions, contact <u>Ella Kromin</u>, Choir Director.

### **Newcomers' Orientation**

New to UUC and interested in learning more about our congregation and Unitarian Universalism in general? Want to meet other newcomers? Come to our Newcomers' Orientation on Saturday, **November 6** from 9 AMnoon and get your questions answered. Members of our



Connections Committee and Rev. Pam will be there with much information and fun activities. If unable to attend in person, we will have a Zoom option. Email Pauletta Copenheaver by

**November 4** if you can attend and if in person or via Zoom.

### **Weekly Gatherings**

#### Women's & Men's Breakfasts

All women and men are invited for coffee, breakfast ,and conversation (bring your own) from 7-9 AM each Monday at UUC. The men gather in the picnic area or under the crescent garden overhang. The women gather indoors. Join in when you are able.

#### **Women's Lunch**

All women are welcome to join together for lunch every Friday at noon in our picnic area or indoors depending on the weather. Contact <u>Cynthia</u> for more info.

# Sages

Join us on the 1st & 3rd Tuesdays of the month at 2 PM at UUC for stimulating conversation on topics that affect older adults. If you choose not to meet in person, you can still join us on Zoom via this <u>link</u>. All ages welcome.

# Yoga

Join this free group outdoors on the UUC grounds or indoors depending on the weather and daylight on Wednesdays at 5:30 PM. To get on the email list for the weekly status of class, contact Lori.

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# UUC Artists Exploring the Outdoors



We are having an art show at UUC featuring our congregants' artistic works depicting nature/ outdoors - no nudity or pornography please - sizes 9" x 12" up to 3' x 4', any medium.

Submitted works MUST be ready to hang (framed and wired). To display some of your work,

contact <u>Jae</u> for the full list of requirements or for more info.

The show will run **October 16 - January 8**. Sally Mook and Jae will be at UUC on Friday, **October 15** from 11-1 to receive, review, and hang pieces.

**Note to parents:** If your child has artwork hanging at UUC, it may be taken home on Sunday, **October 10**. Any remaining child's art work will be taken to the lower level RE area after the service on that Sunday.

#### **Parent Covenant Group**

A monthly support group for UUC parents with younger kids (younger than teen). Enjoy a potluck dinner followed by playtime for kids and support group discussion for parents. We also have social gatherings throughout the year. If you're wanting a friendly group of like-minded parents, contact <u>Deb Dickerson</u>.

The group meets on the 2<sup>nd</sup> Saturday of each month (**October 9**) at 5 PM in our picnic area or Elarth Hall.

# **Building & Grounds Use**

Sunday services are offered in a dualplatform format with those attending in person required to wear masks, encouragement to attend only if vaccinated, and social distancing measures in place.

**Other groups** can meet inside the building in designated meeting rooms within the COVID capacity for that room. All in the building are strongly encouraged to meet with masks and social distancing.

**Outside gatherings** of any size are permitted. Non-vaccinated people are strongly encouraged to wear masks and/or social distance. Masks must be worn near children.

To schedule an event indoors or outdoors, contact our Administrator.

# **Monthly Support Groups at UUC**

## **Parent Bereavement Support**

A community-wide support group for bereaved parents and grandparents who have lost an adult or adolescent child. We come together once a month on 2nd Mondays (**October 11**) from 6-7 PM to help one another on our journeys. For more info and the Zoom link, contact <u>Katherine</u> or <u>Lisa</u>.

## **NAMI Support Groups**

**Connections Support:** Persons living with a mental illness are welcome to join this NAMI support group on the 3rd Monday of each month (**October 18**) from 6-7:30 PM. Contact <u>Kimberley</u> for the Zoom link or for more info.

**Family Support**: Family and friends of persons living with a mental illness are welcome to join this NAMI support group on the 3rd Wednesday of each month (**October 20**) from 6-7:30 PM. Contact Kristine for the Zoom link or for more info.

## **Caregivers Support**

UUC hosts a monthly support group for caregivers to share their experiences and challenges. The group meets on the 2<sup>nd</sup> Tuesdays of each month (**October 12**) from 7-8:30 PM. Join us via this <u>Zoom link</u>. Questions or concerns - contact <u>Rev. Pam</u>.

# **Transgender Support**

NRV Trans\* Support is a peer-led organization whose mission is to offer support, resources, and social activities to all transgender and gender non-conforming individuals in the NRV in a safe, anonymous and affirming environment. Contact Hayden for more info.

**The NRV Trans group** welcomes all adults who identify under the trans umbrella or are questioning their gender. The group meets 1st Thursdays (**October 7**) from 7-8:30 PM and 3rd Saturdays (**October 16**) from 1-2:30 PM. For more info and the location, contact <a href="mailto:transsupportinfo@uucnrv.org">transsupportinfo@uucnrv.org</a>.

The **Youth & Families Group** meets on the 4<sup>th</sup> Tuesday of the month **(October 26)** at 6:30 PM and is for anyone under 18 that falls under the trans umbrella, whether they have started their transition or are just questioning their gender. The group provides resources, advice, and support. Parents are welcome with or without their children. Contact secretary@heshezewe.org for location/info.

# **UUC Community News**

# Update on 1/2-Plate Donations

Thanks to your generosity, UUC continued its practice of helping others in both our community and beyond. The September recipients were:

**September 5**: Interfaith Food Pantry, \$203.50

**September 12**: UU the Vote, \$166.33 **September 19**: The Mountain, \$280

**September 26**: Community Health Center of the

NRV, \$214.16

Watch the weekly announcements and website for the coming weeks' ½-plate recipients. Have a suggestion—email <u>Lisa</u>.

Check out our <u>Give webpage</u> for information on donating options.

### Vanco Update

Vanco, our online giving platform, is no longer using the GivePlus Mobile App but has replaced it with the **Vanco Mobile App** which can be downloaded for free to your phone. Select "UUCNRV" as the recipient.



Your old GivePlus Mobile log-in credentials stay the same in Vanco Mobile. If you have recurring gifts set up, they will continue to be made as scheduled.

Donating via our <u>Vanco website link</u> and via Text to Give remain the same.

## **October Food Pantry Donations**



Our Community Service Team is collecting food in the bins located near the accessible entrance to UUC. Suggested donations for October are canned soup, tuna, and canned green beans. Thanks

for helping to feed the hungry in our area.

## **Join Our UUC Facebook Groups**

To facilitate more conversation among us, join our private Facebook group - **UUC New River Valley**. To make this a positive experience, we ask that you honor our Congregational Covenant. Ask to join the <u>group</u> today!

We also have a public Facebook page — **Unitarian Universalist Congregation New River Valley** which can be found at this <u>link</u>. Information on upcoming services, events, articles from the UUA, and more can be found here. Check it out.

## Sept. Board Mtg. Highlights

- ◆ The Board will continue to monitor COVID cases weekly to inform decisions regarding in-person services and Religious Education. In addition, the Board will monitor MCPS, specifically Blacksburg, to inform decisions regarding in-person RE.
- ◆ The Board is requiring that masks be worn, both inside and outside the sanctuary, before, during, and after services when children and youth are present.
- ◆ The Board is asking Congregants not to attend in-person gatherings, meetings, services, or RE if anyone in their household is experiencing possible COVID-19 symptoms or if any family member has been exposed to someone who has tested positive for COVID-19, for 14 days or a negative COVID test taken at least 5 days after the exposure. As part of our Covenant with each other, Congregants are asked to notify either the person in charge of the activity or the Minister of a positive COVID test result after attending an in-person gathering associated with UUC so the congregation can be informed of potential exposure.
- ◆ The Board will consult with a lawyer to review the solar panel contract.
- ◆ The Finance Committee will be asked to develop a process to appropriately monitor the weekly offering accounting.

The next Board meeting will be held on Thursday, **October 14** at 7 PM. The <u>minutes and reports</u> of meetings for the past two calendar years are available.

**Questions, Ideas, Complaints for the Board**: Send an email to <a href="mailto:addresstheBoard@uucnrv.org">addresstheBoard@uucnrv.org</a>.

#### **WVTF Fall Fund Drive**

Support public radio, tell people about our growing community, and get a tax deduction—all with one check!
Contributions to WVTF through UUC help pay for radio announcements about UUism. Donate online via Vanco (see our Give webpage for options, choose WVTF for your donation). Checks made out to UUC with "WVTF fund" on the memo line are also fine. Donations should be received by **October 10**.

# **Round the Grounds** by Susan Baker, co-chair

It was an exciting morning recently at UUC! A piece of heavy equipment the grounds to do "first aid" on the washed-out ditch along our driveway entrance. Within several hours, the small stones were removed from the ditch and hauled and spread to the back Lark Lane entrance. Large riprap was delivered and placed in the ditch on top of the new erosion control fabric.





The "frosting on the cake" was the backhoe moving to the problematic bio detention pond where Joe Powers supervised moving clay and dirt to improve the drainage function of the pond.

Looking back on the past ten months, we are delighted that UUC's grounds have been heavily used and enjoyed by congregants, friends, neighbors and wildlife: the winter Festival of Lights and Luminaries, church meetings, children's water play, men's breakfasts, memorial services, family gatherings, weddings, women's Friday lunches, yoga, birds nesting, dogs walking, treasure hunts for the children, a resting fawn, hanging out, youth group meetings, rock paintings, and bee activity.



How is this usage made possible? It's largely due to the time and labor contributions from a decrepit and aging volunteer crew (a not so subtle plea for new volunteers).









It's easy to be part of the joyful grounds team by volunteering for the annual **put-it-to-bed work day** on Saturday, **October 23 from 9:30-noon**.

The goal is to prepare the grounds for winter: storing hoses and equipment, painting, raking leaves, improving the function of the primary detention pond for storm water control, improving the back driveway entrance on Lark Lane, scraping off paint on the shelter located on the upper grounds, mulching, and general clean-up tasks. PLEASE sign up to help by contacting <u>Susan Baker</u> or <u>Denise Martin</u>.

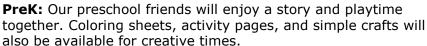
**WISH LIST**: If you are down-sizing or cleaning out your garage, consider donating your used yard tools, wheelbarrows, and yard/garden art to the UUC grounds. Contact <u>Susan Baker</u> to arrange for donation of your giveaways.

# Lifespan Faith Development

# Children's RE

Our fun continues this month as we meet in person on Sunday mornings!

Classes will be meeting outdoors, weather permitting; and indoors with mitigation. Masking and distancing are required. Parents should stop at the sign-in table (located by the playground or in the downstairs lobby) between 9:45-10:00 AM to sign in children for class.





**Grades K-5:** Our elementary children will be grouped into two classes: K-2 and grades 3-5. Both groups will work on the same theme with age-appropriate activities.

**Grades 6-8:** Our middle school class meets for game playing and socialization, plus opportunities for social action and creativity. If safety permits, we may also try to hold offsite fun activities during other hours, such as a visit to Sinkland Farms.

Please note that children do NOT go into the sanctuary first on Sunday mornings.

# YRUU

#### Sunday evenings 7-8:30 PM

Our high school youth group, YRUU, is open to youth in grades 9-12 and meets weekly for check-ins, games, and more. Youth determine the meeting content and must be registered to participate. Register.



YRUU follows UUC COVID guidelines for adult meetings and mitigation. At this time, we are meeting outdoors, weather permitting; and indoors, with mitigation. Learn more.



Actors of all ages wanted for our annual Po Rehearsal Holiday Pageant.
This year's production: A Christmas Carol Email Karen at dlfd@uucnrv.org if interested.

# It's Scary to Be Hungry

Enjoy Halloween fun while we work on the very scary issue of hunger in our community. Bring non-perishable food donations to UUC with you when you attend the Sunday service, or drop off donations between 9:30-11:30 am in our drive-by donation drive. Can't make it that Sunday? Donation bins are available during the week by both entrances so come by any time.





All donations benefit the Interfaith Food Pantry.

Kids, come to RE classes in costume to help us promote this special social action project! All attending kids receive a goody bag!

Halloween Sunday, October 31

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Register now! Starts in November!

Sign up to meet a new Buddy of another generation, without knowing each other's names. Exchange notes and small gifts via email, snail mail, or surreptitious home drop-off in November and early December, then meet December 12!

Sign up at <a href="https://forms.gle/">https://forms.gle/</a>
<a href="https://forms.gle/">DJ9Wu7VK54YM4mx56</a>. Registration closes November 1!

# On-Going Adult RE Programs

#### Spiritual Aging

Meets first Sundays of the month, 3-5 PM via this Zoom link.

Join Rev. Pam for a workshop that intentionally explores the process of aging. While aging can provide us with free time and the ability to focus on what is important, it can also present us with challenges and losses. Perfect for those who consider themselves spiritual but not religious and are looking to delve deeper into these real human challenges.



#### **Sunday Circle**

Meets first and third Sundays, 8:30-9:30 AM both in person in Elarth or via this Zoom link.

**Oct. 3:** Erin Munsell will discuss her experience working as a Civil Affairs Officer for the U.S. Army in Afghanistan where she served in the early days of America's involvement. She will share stories about her experience being a female officer in a country that kept women behind closed doors. Projects she worked on will inform her presentation. Erin will also celebrate the people she got to know in her corner of the country, as well as explain some of the challenges she experienced working on civil projects.

Oct. 17: Carl Hansen will tell us about the Potato - Its Origin, History and Social Impact.

#### **Anti-Racism Group**

Meets second and fourth Sundays, 1-2 PM via this Zoom link.

All are welcome to join our ongoing group addressing white privilege and racism. Contact <u>Barbara Taylor</u> for meeting topics. Email <u>Karen Hager</u> to join the listsery to receive links to the discussion articles.

#### **Meditation Group**

Meets Tuesdays, 5-6 PM via this Zoom link.

Our meditation group meets weekly for those interested in starting or deepening their meditation practice. Our format is drop-in, so you need not attend all sessions. Open with centering words and basic instruction followed by sitting practice. Meditators from all traditions and all levels of experience are welcome.



#### **Conversations on Our Faith**

Meets Wednesdays, 12-1 PM via this Zoom link.

Join our conversation as we read the book, *The Sunflower* by Simon Wiesenthal. All are welcome, even if you have not read the chapters of the book under discussion. To learn more, contact <u>Tim Pickering</u>.

#### **Community Conversations**

Sunday, October 24, 11:30-1 PM via this Zoom link.

Join us for a conversation on *Understanding America: What are American Values/Ideals?* The current climate of polarization might suggest we have deep disagreements about American values/ideals, and live out of conflicting understandings. But what exactly are American values/ideals? What do you most value about the U.S.? Do they derive from our founding documents, so you look to

Community conversations

"the inalienable right to life, liberty and the pursuit of happiness"? Or the Constitution and Bill of Rights — protecting the rights of individuals from government overreach, foreign threats and the passions of the people. Or do they derive from something else entirely? Let's rediscover our shared American values/ideals. Led by Rev. Jamie McReynolds.



# Unitarian Universalist Congregation Sunday Services October 2021

Services are now in person at UUC and virtual via **Zoom** at 10 AM. We welcome you to join us.

# October's Theme: **Cultivating Relationship**

Join our dual-platform service each Sunday at 10 AM - both in person at UUC or via this Zoom <u>link</u>.



**October 3: To Whom or What . . .** Rev. Pam Philips and Worship Associate Earle Irwin. . . . do we want to connect more deeply? We

often think of relationships between and among the people in our lives. We'll begin a month of exploring Cultivating Relationships by broadening our understanding of relationships. What in our lives needs cultivation?

**October 10: Who Am I? Who Are We?** Rev. Pam Philips and Worship Associate Stephen Henninger. As we go through our lives, we often need to redefine our understanding and relationships with ourselves as well as with others. How might we best navigate these changes?

**October 17: Restoring the Interdependent Web,** Guest Speaker TBA and Worship Associate Kimberley Homer. How might we heal and nurture our relationship to the Earth and all its inhabitants? We'll have more information once we're able to confirm our guest speaker's availability. We'll also be joined by special guest violinist Leon Kok.

**October 24: Connecting Communities,** Rev. Pam Philips and Worship Associate Tommy Iafrate. Our vision states that "We will join with other organizations and faiths to work for just causes." We'll explore how and with whom we might cultivate relationships in our community to do the work of justice.

**October 31: Listening to the Ancestors,** Rev. Pam Philips and Worship Associate Victoria Taylor. All Hallow's Eve and Samhain remind us that we remain connected with those who have gone before—both recently and long ago. What does it mean to cultivate those relationships? How can the dead influence the way we live?

Our children will be wearing costumes and collecting canned goods and other non-perishable food items for our annual *It's Scary to Be Hungry* food drive benefitting the Blacksburg Interfaith Food Pantry.

#### **Our Mission**

#### Inspire. Create. Transform.

**Inspire** spiritual and ethical growth. **Create** compassionate community. **Transform** our community and the world through courageous love.

#### **Our Vision**

UUC will be a beacon of liberal religion in the New River Valley. We will join with other organizations and faiths to work for just causes.

We will practice generosity and radical hospitality. We will be known as a place of beauty, welcome, joy, and celebration.

#### Unitarian Universalist Congregation

1301 Gladewood Drive, Blacksburg, VA 24060

Phone: (540) 552–9716 E-mail: info@uucnrv.org: P.O. Box 10116, Bburg 24062–0116 URL: uucnrv.org

#### CALENDAR: October 2021

Staff Office Hours: See below

All times are PM unless noted otherwise  $\kappa$  indicates that there is a write-up in the newsletter

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
(All Sundays) N 10:00 AM Worship Service (UUC and Zoom) N 10:00 AM Religious Education classes (UUC) N 7:00 YRUU (UUC)	(All Mondays)  κ 7:00 AM Women's  Breakfast (UUC)  κ 7:00 AM Men's  Breakfast (UUC)	(All Tuesdays) א 5:00 Meditation	(All Wednesdays)  Noon Conversations on Our Faith  S:30 Yoga (UUC)		(All Fridays)  Noon Women's  Lunch Bunch (UUC)  N Buddy Project  Registration Begins	2
3	4	5	6	7	8	9
א 8:30 AM Sunday Circle (UUC and Zoom) א 3:00 Spiritual Aging	7:30 "All we can save" Circle/book discussion		6:15 Connections Committee	6:30 Piecemakers (UUC) ห 7:00 Transgender Support Group		א 5:00 Parents' Covenant Group (UUC)
10	11	12	13	14	15	16
א 1:00 Anti-Racism Group	k 6:00 Parent Bereavement Support Group 7:30 "All we can save" Circle/book discussion		6:00 Finance Committee 7:00 Worship Team	ห 7:00 Board Meeting (UUC and Zoom)		א 1:00 Transgender Support Group
17	18	19	20	21	22	23
א 8:30 AM Sunday Circle (UUC and Zoom) 11:30 Stewardship Committee	א 6:00 NAMI Connections Support Group	א 2:00 Sages (UUC and Zoom)	א 6:00 NAMI Family Support Group	6:30 Piecemakers (UUC)		א 9:30 AM Grounds workday (UUC)
24	25	26	27	28	29	30
א 11:30 AM Community Conversations (UUC and Zoom) א 1:00 Anti-Racism Group		א 6:30 Trans Support Group for Youth & Families		9:00 November Newsletter Deadline		
31 × UUC Online Goods Auction begins × 9:30 AM It's Scary to Be Hungry (UUC)				-		

Events listed above will be held via Zoom unless otherwise noted. See the write-ups in the pages above for more information. For Zoom gatherings, the Online Calendar has the Zoom URLs. That calendar will be updated as conditions change. Page 4 above has the Covid rules (at the present time) for Building & Grounds Use.

UUC Staff office hours: Minister: Contact for appointment Administrator: Contact for appointment DLFD: Contact for appointment DLFD: Contact for appointment