

UUC Men's Group

Our group meets the first and third Sundays at 11:30 after church in the first downstairs classroom. We gather for an hour, and start with a check-in, taking turns to talk briefly about the important or trivial happenings in our lives. Then our conversation evolves spontaneously with no agenda. We have a covenant of confidentiality – what is said in the group stays in the group, not to be shared outside the group. Our key is communication, to speak and to listen carefully and respectfully. We do not give advice unless requested. We avoid crosstalk, interruption and domination. We encourage openness, freedom and trust. We keep our conversation personal: this is an opportunity to open your heart and speak of that which you may not be comfortable speaking in another setting. This is not a forum for sports or politics.

If you are interested or have questions, contact Dick Bauman in person, by email at [uuduo2@gmail](mailto:uuduo2@gmail.com), or phone at 629-0497.